



QQI

Quality and Qualifications Ireland
Dearbhú Cáilíochta agus Cáilíochtaí Éireann

Certificate Specification NFQ Level 6

Sports, Recreation and Exercise 6M5147

1. Certificate Details

Title	Sports, Recreation and Exercise
Teideal as Gaeilge	Spóirt, Áineasa agus Aclaíocht
Award Type	Major
Code	6M5147
Level	6
Credit Value	120
Purpose	The purpose of this award is to enable the learner acquire the knowledge, skill and competence to work independently and or in a instructional, coaching, supervisory, and or management role in a range of operations and activities in the Sports, Recreation and Exercise sectors.
Statements of Knowledge, Skill and Competence	Learners will be able to:
Knowledge	
<i>Breadth</i>	Demonstrate a specialised range of knowledge in procedures, practices and techniques relating to activities in the sport and recreation and exercise sector.
<i>Kind</i>	Demonstrate specific knowledge and abstract thinking in relation to a specific sport, recreation and exercise context.
Know How & Skill	
<i>Range</i>	Demonstrate a comprehensive range of specialised skills in sport, recreation and exercise to include preparation, organisation and implementing sessions and programs with a view to improving instructing, management and operational skills.

Selectivity Formulate responses selecting appropriate tools and process to solve problems and issues within specific contexts in the sports, recreation and exercise sector.

Competence

Context Demonstrate acquired knowledge and skills in a range of varied and specific forms in practice, instruction and management in the sports, recreation and exercise fields.

Role Supervise, manage, coach and or instruct others when working with a diverse range of sports, recreation and exercise participants to include diversity in age, gender, physical requirements.

Learning to Learn Evaluate own professional development and assist others in identifying learning needs within a in the sport, recreation and exercise field.

Insight Be able to express personal view points on the sport, recreation and exercise sector in a group setting to include experiences, career goals, personal views on issues, trends and sector problems

The learning outcomes associated with this award are outlined in the associated Component Specifications.

Access

To access programmes leading to this award the learner should have reached the standards of knowledge, skill and competence associated with the preceding level of the National Framework of Qualifications. This may have been achieved through a formal qualification or through relevant life and work experience.

Transfer

Achievement of this award will enable the learner to transfer to other appropriate programmes leading to awards at the same level of the National Framework of Qualifications.

Progression

Achievement of this award will enable the learner to progress to other appropriate programmes leading to awards at the next or higher levels of the National Framework of Qualifications.

Progression Awards

Learners who successfully complete this award may progress to a range of different awards.

Grading

Pass

Merit

Distinction

The grade achieved will be determined by the grades achieved on the components

2. Certificate Requirements

The total credit value required for this certificate is 120. This will be achieved by completing:

Award Code	Title	Level	Credit Value
All of the following component(s)			
6N4650	Sports Industry Practice	6	15
A minimum credit value of 15 from the following components			
6N0697	Customer Service	6	15
6N1950	Communications	6	15
6N2191	Leadership	6	15
6N1948	Team Leadership	6	15
A minimum credit value of 15 from the following components			
6N1949	Personal and Professional Development	6	15
6N1946	Work Experience	6	15
6N1947	Work Practice	6	15
A minimum credit value of 60 from the following components			
6N1782	Safety Management	6	15
6N2214	Health Promotion	6	15
6N3478	On Site Massage	6	15
6N4370	Marketing Communications	6	15
6N4651	Sports Nutrition	6	15
6N4665	Sports Psychology	6	15
6N4800	Event Management	6	15
6N4946	Trail Cycle Leader Instruction Skills	6	15
6N4967	Rugby Coaching	6	15
6N5189	Soccer Coaching	6	15
6N5190	Orienteering Instruction	6	15
6N5191	Powerboat Instruction	6	20
6N5192	River Kayaking Instruction	6	20
6N5193	Sea Kayaking Instruction	6	20
6N5345	Exercise and Fitness	6	15
6N5346	Hurling Coaching	6	15
6N5347	Gaelic Football Coaching	6	15
6N5348	Sailing Instruction	6	20
6N5349	Open Canoeing Instruction	6	20
6N5350	Surfing Instruction	6	10
6N5365	Windsurfing Instruction	6	20

The remaining credit value of 15 can be obtained by using relevant component(s) from level 6. A maximum of 15 credits may be used from level 5.

3. Supporting Documentation

None

4. Specific Validation Requirements

The provider must have all of the following in place to offer this award:

National Governing Body (NGB) approval to offer specific components within their Awards

1. A provider seeking to offer Deepwater Pool, River and Beach Lifeguarding Skills Components must apply to Irish Water Safety to deliver the programme

5. Europass Certificate Supplement

The Europass Certificate Supplement for this award can be accessed at: www.qqi.ie.

6. FET Award Standards

QQI award standards are determined within the National Framework of Qualifications (NFQ), <http://www.nfq-qqi.com>. QQI determines standards for the education and training awards that it makes itself and that are made by providers to whom it has delegated authority to make an award. Providers offering programmes leading to QQI awards **must** have their programme(s) validated in accordance with current validation policy (see www.qqi.ie).

Award standards are designed to be consistent with the NFQ's award classes i.e. major, special purpose, supplemental and minor awards. They are expressed in terms of **learning outcomes** i.e. concise statements of what the learner is expected to know or be able to do in order to achieve a particular award. Learning outcomes for QQI awards are contained within the associated specifications:

AWARD CLASS	STANDARDS	AWARDS
Major Award	Certificate Specification	Certificate (Levels 1 to 5) Advanced Certificate (Level 6)
Supplemental Award	Supplemental Specification	Supplemental Certificate (Level 3 to 6)
Special Purpose	Specific Purpose Specification	Specific Purpose Certificate (Levels 3 to 6)
Minor Award	Component Specification	Component Certificate (Levels 1 to 6)

Award standards are thresholds, they describe standards of knowledge, skill or competence to be acquired, and where appropriate, demonstrated, by a learner before an award may be made.

Award standards will be reviewed from time to time as necessary. Minor changes may be made by the QQI executive outside the review cycle where necessary. Changes to standards are published on QQI's website. Providers with validated programmes and providers with delegated authority to make awards are responsible for monitoring relevant standards and making necessary responses to changes.

7. FET Credit

Every FET certificate and component specification includes an FET credit value (Table 1). FET credit is quantified in multiples of 5 FET credits (up to 50 hours of learner effort). Learner effort is based on the time taken by typical learners at the level of the award to achieve the learning outcomes for the award. It includes all learning time involved including: guided learning hours, self-directed learning and assessment.

Table 1: FET Credit Values

NFQ Level	Major Awards Credit Values	Default Credit Values Minor Awards	Other Permitted Minor Award Credit Values	Special Purpose and Supplemental Award Credit Value Ranges
1	20	5	10	
2	30	5	10	
3	60	10	5,20	>5 and <60
4	90	10	5,15,20	>5 and <90
5	120	15	5,10,30	>5 and <120
6	120	15	5,10,30	>5 and <120

Guide to Level

Learning outcomes at this level include a comprehensive range of skills which may be vocationally-specific and/or of a general supervisory nature, and require detailed theoretical understanding. The outcomes also provide for a particular focus on learning skills. The outcomes relate to working in a generally autonomous way to assume design and/or management and/or administrative responsibilities. Occupations at this level would include higher craft, junior technician and supervisor.

Strand	Sub-strand	Nature of learning
Knowledge	Breadth	Specialised knowledge of a broad area
	Kind	Some theoretical concepts and abstract thinking, with significant depth in some areas
Know How & Skill	Range	Demonstrate a comprehensive range of specialised skills and tools
	Selectivity	Formulate responses to well defined abstract problems
Competence	Context	Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts
	Role	Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form and function within, multiple and complex heterogeneous groups.
	Learning to Learn	Learn to take responsibility for own learning within a managed environment.
	Insight	Express an internalised, personal world view, reflecting engagement with others.

Extract from 'Determinations for the Outline National Framework of Qualifications': NQAI