



QQI

Dearbhú Cáilíochta agus Cáilíochtaí Éireann
Quality and Qualifications Ireland

QQI and IWS Joint Consultation on:

NFQ Level 5 and 6 Lifeguard qualifications

Irish Water Safety (IWS) is the statutory body established to promote water safety in Ireland.

Quality and Qualifications Ireland (QQI) is a statutory body whose mission is to promote the enhancement of quality in Ireland's further and higher education and training; quality assure providers; and support and promote a qualifications system that benefits learners and other stakeholders.

IWS and QQI are reviewing occupational standards and educational qualifications standards for lifeguarding and wish to consult stakeholders about the proposed new standards.

The review of the awards standards is being carried out by the following group

- Dr. Klaus Wilkens, German Lifesaving Federation (DLRG) and former President of DLRG and the International Lifesaving Federation, European Region.
- Martin O'Sullivan, IWS Vice –Chairman and Chairman of the Rescue Commission of the International Lifesaving Federation.
- Anne Ryan, IWS Council member and QQI programme provider.
- Séan Connor, Lecturer in Waterford IT.
- John Leech, CEO of IWS

Changes to the Occupational Standards

Pool Lifeguards have a key role in the promotion of water safety in Ireland. IWS has established national occupational standards for lifeguards. They are expressed in the following handbooks (available or to be available for purchase from IWS¹):

¹ <http://www.iws.ie/join-us/member-publications.631.html>

- **National Beach Lifeguard manual** (to be updated with additional material on the use of the AED and Oxygen Administration)
- **National Pool Lifeguard Manual** (to be updated with additional material on the use of the AED and Oxygen Administration)
- **NEW! National Open Water Lifeguard Manual** (to be available shortly)
- **Rescue Skills Handbook**

IWS has also issued the following guidelines to promote safety:

- **Swimming Pool Safety Guidelines** (2010) available online²
- **National Open Water Safety Guidelines** available for purchase through <http://www.iws.ie/join-us/member-publications.631.html>

Review of QQI's Awards Standards

The following QQI awards have been reviewed. They will all be retired and replaced with new awards. The new awards are described below. There are significant differences in the credit allocations and some changes to the expected learning outcomes.

Code	Title	Level	Type
5S2277	Shallow Water Pool Lifeguarding Operations	5	Special Purpose
5N2255	Shallow Water Pool Lifeguarding Skills	5	Minor
6S2273	Beach Lifeguarding Operations	6	Special Purpose
6S2274	Deep Water Pool Lifeguarding Operations	6	Special Purpose
6S2276	River Lifeguarding Operations	6	Special Purpose
6N2223	Beach Lifeguarding Skills	6	Minor
6N2224	Deep Water Pool Lifeguarding Skills	6	Minor
6N2251	River Lifeguarding Skills	6	Minor

IWS Syllabuses

The new occupational standards and QQI standards will require the modification of the current IWS syllabus. The existing IWS syllabuses are not validated for the proposed new QQI awards.

²

<http://www.iws.ie/fileupload/advice/Swimming/Pool%20Safety/Irish%20Water%20Safety%20Pool%20Safety%20Guidelines.pdf>

New Development

The group are working on the development of a new occupational standards and educational qualifications standards at NFQ Level 6 in Surf Instructor Beach Safety. This will be available for consultation over the coming weeks.

Consultation

QQI and IWS would like to consult with stakeholders on the proposed occupational standards and educational qualifications standards for lifeguarding and wish to consult stakeholders about the proposed new standards

How to respond to this consultation document.

QQI invites interested persons or organisations to make written observations on the proposed standards.

Prompts for feedback on the awards standards:

- Clarity: Overall is the expected knowledge, skill and competence sufficiently clear?
- Alignment: Do you think that the expected learning outcomes align well, in terms of knowledge, skill and competence with NFQ Level 5 and 6 indicators and descriptors?
- Amendment: Would you like to suggest amendments?
- Comparability: How does the standard compare with the expectations of other relevant qualifications with which you are familiar?
- Is there anything else that should be considered?

Submissions should be made by email to consultation@qqi.ie not later **Friday 20 March 2015**.



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CERTIFICATE DETAILS

Title: Shallow Water Pool Lifeguarding Operations

Award Class: Special Purpose

Level 5

Credit Value: 15 FET Credits

Title: Shallow Water Pool Lifeguarding Operations

Certificate Details

Title: Shallow Water Pool Lifeguarding Operations

Award Class: Special Purpose

Level: 5

Credit Value: 15 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely carry out lifeguard activities in a shallow water swimming pool with a depth of up to 1.5 metres in compliance with the current *Irish Water Safety Swimming Pool Safety Guidelines, National Pool Lifeguard Manual, and Rescue Skills Handbook* published by the Irish Water Safety (IWS)

The learner should be able to:		NFQ level Indicators	
1	Demonstrate a broad range of knowledge of basic life support, lifeguarding techniques and pool operating procedures.	Knowledge	Breadth Broad range of knowledge Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Demonstrate a broad range of lifeguarding skills and tools in a shallow water pool.		
3	Demonstrate Basic Life Support (BLS and AED)	Know-how and skill	Range Demonstrate a broad range of specialised skills and tools Selectivity Evaluate and use information to plan and develop investigative strategies and to determine solutions to varied unfamiliar problems
4	Demonstrate Oxygen Administration		
5	Demonstrate good practice in lifeguarding in a shallow water pool.		
6	Apply lifeguarding knowledge and skills in a shallow water pool in accordance with	Competence-Context	Act in a range of varied and specific contexts, taking responsibility for the nature and quality of outputs; identify and apply skill and knowledge to a wide variety of contexts
		Competence-Role	Exercise some initiative and independence in carrying out defined activities; join and

Title: Shallow Water Pool Lifeguarding Operations

	normal operating procedures and health and safety requirements.		function within multiple, complex and heterogeneous groups
7	Take responsibility for own independent learning in a progressive learning system	Competence-Learning to learn	Learn to take responsibility for own learning within a managed environment
		Competence-Insight	Assume full responsibility for consistency of self-understanding and behaviour

Certificate Requirements

	Code	Title	Level	Credit Value
All of the following component(s)				
	TBA	Shallow Water Pool Lifeguarding Skills	5	15

Specific Validation Requirements

Specific validation requirements of the minor award applies.

Title: Shallow Water Pool Lifeguarding Operations

Certificate Details

Title: Shallow Water Pool Lifeguarding Skills

Award Class: Minor

Level: 15

Credit Value: 5 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely carry out lifeguard activities in a shallow water swimming pool with a depth of up to 1.5 metres in compliance with the current *Irish Water Safety Swimming Pool Safety Guidelines, National Pool Lifeguard Manual, and Rescue Skills Handbook* published by the Irish Water Safety (IWS)

The learner should be able to:		NFQ level Indicators	
1	Explain the role of the lifeguard in a shallow water pool	Knowledge	Breadth Broad range of knowledge Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Outline Normal Operating Procedures to include Emergency Action Plans, safety statements and requirements consistent with current health and safety legislation		
3	Apply lifesaving techniques and skills to include preventative lifeguarding, rescue procedures, spinal injury management and correct follow up procedures in line with current health and safety legislation in a shallow water pool		
4	Be able to explain the concepts of basic life support for adult, child or infant and possible medical complications, e.g. airway management, vomiting and correct follow up procedures		

Title: Shallow Water Pool Lifeguarding Operations

5	Implement a range of individual and team techniques and rescue skills required to effectively deal with emergency situations in a shallow water environment	Know-how and skill	<p>Range Demonstrate a broad range of specialised skills and tools</p> <p>Selectivity Evaluate and use information to plan and develop investigative strategies and to determine solutions to varied unfamiliar problems</p>
6	Apply a range of rescue techniques to include land based non-contact rescues, evasive and defensive actions.		
7	Demonstrate basic life support (BLS) techniques on adult, child or infant, in a range of emergency situations or scenarios to include recognition of the emergency, when to activate emergency medical support (EMS), airway blockage, cardio pulmonary resuscitation (CPR) single and two operator mode, expired air resuscitation (EAR) and correct follow up procedures		
8	Demonstrate the use of an automated external defibrillator (AED) and administering oxygen		
9	Use contact rescues, appropriate releases from drowning grips and effective towing in a shallow water pool	Competence	<p>Context Act in a range of varied and specific contexts, taking responsibility for the nature and quality of outputs; identify and apply skill and knowledge to a wide variety of contexts</p> <p>Role Exercise some initiative and independence in carrying out defined activities; join and function within multiple, complex and heterogeneous groups</p> <p>Learning to learn Learn to take responsibility for own learning within a managed environment</p>
10	Apply shallow water techniques for spinal injury management including stabilising, boarding and landing		
11	Utilise lifesaving techniques and skills to include preventative lifeguarding, rescue procedures, spinal injury management and correct follow up procedures in line with current health and safety legislation in a shallow water pool		
12	Acquire the skills necessary to maintain competence on an on-going basis including the ability to think laterally and strategically		

Title: Shallow Water Pool Lifeguarding Operations

13	Acquire the skills necessary to monitor own training needs and to develop an individualized training plan		Insight Assume full responsibility for consistency of self-understanding and behaviour
14	Exercise initiative in dealing with a range of simulated emergency situations with correct follow up procedures following from recognition of the emergency situation through the steps laid out in the emergency action plan (EAP)		
15	Learn the techniques necessary to reflect on actions taken in a given context to embed good practice		

Assessment Technique(s) including weighting(s)

Portfolio / Collection of Work 10%
 Skills Demonstration 90%

Specific Validation Requirements

Irish Water Safety (IWS) has statutory responsibility for the regulation of Lifeguarding activity. Providers must apply for approval to Irish Water Safety prior to delivering a validated programme associated with this award.

Access Requirements

The recommended entry level is an IWS Rescue 2 award with the minimum standard entry level being the ability to swim 100 metre prone and 100 metres supine, be 16 years of age, or older, at the time of the examination.

Supporting Documentation

- Current IWS National Pool Lifeguard Manual
- Current IWS Rescue Skills Handbook
- Current IWS Swimming Pool Safety Guidelines



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CERTIFICATE DETAILS

Title: Beach Lifeguarding Operations

Award Class: Special Purpose

Level 6

Credit Value: 20 FET Credits

Title: Beach Lifeguarding Operations

Certificate Details

Title: Beach Lifeguarding Operations

Award Class: Special Purpose

Level: 6

Credit Value: 20 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely lifeguard independently and or in a supervisory capacity on a beach in compliance with the current *Irish Water Safety Open Water Safety Guidelines, National Beach Lifeguard Manual, and Rescue Skills Handbook* published by the Irish Water Safety (IWS)

The learner should be able to:		NFQ level Indicators	
1	Demonstrate a specialist knowledge of basic life support and lifeguarding techniques and operations	Knowledge	Breadth Specialised knowledge of a broad area Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
	2		
3	Manage lifeguarding operations on a beach.	Know-how and skill	Range Demonstrate comprehensive range of specialised skills and tools Selectivity Formulate responses to well-defined abstract problems
3	Operate effectively as a lifeguard on a beach	Competence - context	Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts
4	Manage themselves and the work of others whilst lifeguarding or supervising lifeguards on a beach	Competence- Role	Exercise substantial personal autonomy and often take responsibility for

Title: Beach Lifeguarding Operations

			the work of others and/or for the allocation of resources; form, and function within, multiple, complex and heterogeneous groups
5	Take responsibility for own independent learning in a in a progressive learning system	Competence- Learning to learn	Learn to take responsibility for own learning within a managed environment
		Competence- Insight	Express an internalised, personal world view, reflecting engagement with others

Specific Validation Requirements

Specific validation requirements of the minors apply.

Certificate Requirements

	Code	Title	Level	Credit Value
All of the following component(s)				
	TBA	Beach Lifeguarding Skills	6	20

Title: Beach Lifeguarding Operations

Certificate Details

Title: Beach Lifeguarding Skills

Award Class: Minor

Level: 6

Credit Value: 20 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely lifeguard independently and or in a supervisory capacity on a beach in compliance with the current *Irish Water Safety Open Water Safety Guidelines, National Beach Lifeguard Manual, and Rescue Skills Handbook* published by Irish Water Safety (IWS)

The learner should be able to:

NFQ level Indicators

The learner should be able to:		NFQ level Indicators	
1	Explain the role of the lifeguard in a beach environment to include basic life support on adult, child and infant, recognition of emergency situations and scenarios, activation of emergency medical support (EMS), airway blockage, giving cardio pulmonary resuscitations (CPR) single and two operator mode, expired air resuscitation (EAR) and correct follow up procedures	Knowledge	Breadth Specialised knowledge of a broad area
2	Describe the role and functions of a lifeguard operating in a supervisory capacity		Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
3	Evaluate normal operating procedures and emergency action plans to include preventative lifeguarding, rescue procedures, beach spinal injury management and correct follow up procedures in line with current health and safety legislation		
4	Evaluate a range of patrol considerations to include hand signal and flags, surf conditions, currents, beach topography, winds, tides, temperatures and weather conditions	Know-how and skill	Range Demonstrate comprehensive range of specialised skills and tools
5	Demonstrate Basic Life Support (BLS) on adult, child or infant, in a range of emergency situations or scenarios to include recognition of the emergency, when to activate emergency medical support (EMS), airway blockage, giving cardio pulmonary resuscitation (CPR) single and		Selectivity Formulate responses to well-defined abstract problems

Title: Beach Lifeguarding Operations

	two operator mode, expired air resuscitation (EAR) and correct follow up procedures		
6	Demonstrate the use of an automated external defibrillator (AED) and administering oxygen		
7	Demonstrate a range of individual and team techniques and rescue skills required to effectively deal with emergency situations in a deep water environment, which include non-contact and contact rescues, appropriate entries, approaches, and correct follow up procedures		
8	Use contact rescues, appropriate releases from drowning grips and effective towing in a variety of beach conditions	Competence	Context Act in a range of varied and specific contexts, taking responsibility for the nature and quality of outputs; identify and apply skill and knowledge to a wide variety of contexts Role Exercise some initiative and independence in carrying out defined activities; join and function within multiple, complex and heterogeneous groups Learning to learn Learn to take responsibility for own learning within a managed environment Insight Assume full responsibility for consistency of self-
9	Apply techniques for spinal injury management in a variety of beach conditions		
10	Swim 400m within 8 minutes		
11	Direct a range of individual and team techniques and rescue skills to effectively deal with emergency situations on a beach to include available standard rescue equipment and with reference to the emergency action plan (EAP)		
12	Acquire the skills necessary to maintain competence on an on-going basis including the ability to think laterally and strategically		
13	Use initiative in dealing with a range of simulated emergency situations with correct follow up procedures following from recognition of the emergency situation through the steps laid out in the emergency action plan (EAP)		
14	Carry out beach lifeguarding duties in an independent manner taking responsibility for implementing appropriate lifesaving techniques, skills and procedures.		
15	Learn the techniques necessary to reflect on actions taken in a given context to embed good practice		

Title: Beach Lifeguarding Operations

understanding and
behaviour

Assessment Technique(s) including weighting(s)

Portfolio / Collection of Work 10%

Skills Demonstration 90%

Specific Validation Requirements

The Irish Water Safety (IWS) has statutory responsibility for the regulation of Lifeguarding activity. Providers must apply for approval to Irish Water Safety prior to delivering a validated programme with this award.

Supporting Documentation

- Current IWS National Pool Lifeguard Manual
- Current IWS Rescue Skills Handbook
- Current IWS Open Water Safety Guidelines
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Access Requirements

The recommended entry level is an IWS Rescue 3 Award, be 16 years of age, or older, at the time of the examination



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CERTIFICATE DETAILS

Title: Deep Water Pool Lifeguarding Operations

Award Class: Special Purpose

Level 6

Credit Value: 20 FET Credits

Title: Deep Water Pool Lifeguarding Operations

Certificate Details

Title: Deep Water Pool Lifeguarding Operations

Award Class: Special Purpose

Level: 6

Credit Value: 20 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely lifeguard in a deep water pool more than 1.5m independently and or in a supervisory capacity, in compliance with the current *Irish Water Safety Pool Safety Guidelines, National Pool Lifeguard Manual, and Rescue Skills Handbook* published by the Irish Water Safety (IWS)

The learner should be able to:		NFQ level Indicators	
1	Demonstrate a specialist knowledge of basic life support, lifeguarding techniques and pool operations procedures	Knowledge	Breadth Specialised knowledge of a broad area
			Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Manage lifeguarding operations in a deep water pool environment		Know-how and skill
			Selectivity Formulate responses to well-defined abstract problems
3	Operate effectively as a lifeguard in a deep water pool environment	Competence - context	Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts

Title: Deep Water Pool Lifeguarding Operations

4	Manage themselves and others whilst lifeguarding or supervising other lifeguards in a deep water pool	Competence-Role	Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form, and function within, multiple, complex and heterogeneous groups
5	Participate in Continuous Professional Development on a regular basis	Competence-Learning to learn	Learn to take responsibility for own learning within a managed environment
		Competence-Insight	Express an internalised, personal world view, reflecting engagement with others

Specific Validation Requirements

Specific validation requirements of the minors apply.

Certificate Requirements

	Code	Title	Level	Credit Value
All of the following component(s)				
	TBA	Deep Water Pool Lifeguarding Skills	6	20

Title: Deep Water Pool Lifeguarding Operations

Certificate Details

Title: Deep Water Pool Lifeguarding Skills

Award Class: Minor

Level: 6

Credit Value: 20 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely lifeguard in a deep water pool (more than 1.5m) independently and or in a supervisory capacity, in compliance with the current *Irish Water Safety Swimming Pool Safety Guidelines, National Pool Lifeguard Manual, and Rescue Skills Handbook* published by Irish Water Safety (IWS)

The learner should be able to:

NFQ level Indicators

The learner should be able to:		NFQ level Indicators	
1	Explain the role of the lifeguard in a pool environment to include basic life support on adult, child and infant, recognition of emergency situations and scenarios, activation of emergency medical support (EMS), airway blockage, giving cardio pulmonary resuscitations (CPR) single and two operator mode, expired air resuscitation (EAR) and follow up procedures	Knowledge	Breadth Specialised knowledge of a broad area Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Differentiate between lifesaving techniques and skills to include preventative lifeguarding, rescue procedures, deep water spinal injury management and correct follow up procedures in line with current health and safety legislation in a deep water pool environment		
3	Evaluate normal operating procedures in a deep water environment, to include emergency action plans, safety statements, health and safety at work legislation and the role of the Lifeguard in a deep water environment		
4	Implement basic life support (BLS) on adult, child or infant and adapt to emergent situations to include airway management and vomiting, implementing correct follow up procedures in simulated emergency situations in single and two operator mode		

Title: Deep Water Pool Lifeguarding Operations

5	Practice a range of individual and team techniques and rescue skills required to effectively deal with emergency situations in a deep water environment, which include non-contact and contact rescues, appropriate entries, approaches, and correct follow up procedures	Know-how and skill	Range Demonstrate comprehensive range of specialised skills and tools	
6	Exercise initiative in dealing with a range of simulated emergency situations with correct follow up procedures following from recognition of the emergency situation through the steps laid out in the emergency action plan (EAP)			Selectivity Formulate responses to well-defined abstract problems
7	Demonstrate basic life support (BLS) techniques on adult, child or infant, in a range of emergency situations or scenarios to include recognition of the emergency, when to activate emergency medical support (EMS), airway blockage, cardio pulmonary resuscitation (CPR) single and two operator mode, expired air resuscitation (EAR) and correct follow up procedures			
8	Demonstrate the use of an automated external defibrillator (AED) and administering oxygen			
9	Use contact rescues, appropriate releases from drowning grips and effective towing in a deep water pool	Competence - context	Context Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts	
10	Apply appropriate techniques for spinal injury management including stabilising, boarding and landing of the casualty			
11	Carry out rescue techniques to include land based non-contact rescues, evasive and defensive, in scenario based practicals in a deep water environment			Role Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form, and function within, multiple, complex and heterogeneous groups
12	Supervision of Shallow Water Pool Lifeguard(s)			
13	Acquire the skills necessary to maintain competence on an on-going basis including the ability to think laterally and strategically			
14	Acquire the skills necessary to monitor own training needs and to develop an individualized training plan			

Title: Deep Water Pool Lifeguarding Operations

15	Carry out deep water lifeguarding duties in an independent manner taking responsibility for implementing appropriate lifesaving techniques, skills and procedures.		<p>Learning to Learn Learn to take responsibility for own learning within a managed environment</p>
16	Learn the techniques necessary to reflect on actions taken in a given context to embed good practice		
			<p>Insight Express an internalised, personal world view, reflecting engagement with others</p>

Assessment Technique(s) including weighting(s)

Skills Demonstration 90%
Portfolio / Collection of Work 10%

The Skills Demonstration is set by Irish Water Safety and is based on learning outcomes 4-10. This will comprise 3 sets of skills demonstrations:

- Basic life support 30%
- Lifeguard skills 30%
- Pool operations 30%

Candidates must demonstrate proficiency in each skill examined

The assessment criteria, guide to the marking sheet and the assessment marking sheet are available from the Irish Water Safety. This assessment must be passed in order to achieve this award.

The Portfolio/Collection of work is set by Irish Water Safety and is based on learning outcomes 1-3. The assessment criteria, guide to the marking sheet and the assessment marking sheet are available from the Irish Water Safety. This assessment must be passed in order to achieve this award.

Specific Validation Requirements

The Irish Water Safety (IWS) has statutory responsibility for the regulation of Lifeguarding activity. Providers must apply for approval to Irish Water Safety prior to delivering a validated programme associated with this award.

Supporting Documentation

- Current IWS National Pool Lifeguard Manual
- Current IWS Rescue Skills Handbook
- Current Irish Water Swimming Pool Safety Guidelines

Title: Deep Water Pool Lifeguarding Operations

Access Requirements

The recommended entry level is an IWS Rescue 2 award with the minimum standard entry level being the ability to swim 100 metre prone and 100 metres supine, be 16 years of age, or older, at the time of the examination

Be able to swim 50 m in 50 seconds



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CERTIFICATE DETAILS

Title: Inland Open Water Lifeguarding Operations

Award Class: Special Purpose

Level 6

Credit Value: 20 FET Credits

Title: Inland Open Water Lifeguarding Operations

Certificate Details

Title: Inland Open Water Lifeguarding Operations

Award Class:

Level: 6

Credit Value: 20FET Credits

Code: 6S2276

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely to lifeguard independently and or in a supervisory capacity in inland open water , in compliance with the current ***Irish Water Safety National Open Water Safety Guidelines, Open Water Lifeguard Manual, and Rescue Skills Handbook*** published by the Irish Water Safety (IWS)

The learner should be able to:		NFQ level Indicators	
1	Demonstrate a specialist knowledge of basic life support and lifeguarding techniques and operations	Knowledge	Breadth Specialised knowledge of a broad area Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Manage lifeguarding operations in open water	Know-how and skill	Range Demonstrate comprehensive range of specialised skills and tools Selectivity Formulate responses to well-defined abstract problems
3	Operate effectively as a lifeguard in open water	Competence - context	Utilise diagnostic and creative skills in a range of functions in a

Title: Inland Open Water Lifeguarding Operations

				wide variety of contexts
4	Manage themselves and others whilst lifeguarding or supervising other lifeguards in open water		Competence-Role	Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form, and function within, multiple, complex and heterogeneous groups
			Competence-Learning to learn	Learn to take responsibility for own learning within a managed environment
			Competence-Insight	Express an internalised, personal world view, reflecting engagement with others

Specific Validation Requirements

Specific validation requirements of the minors apply.

Certificate Requirements

	Code	Title	Level	Credit Value
All of the following component(s)				
	TBA	Inland Open Water Lifeguarding Skills	6	20

Title: Inland Open Water Lifeguarding Operations

Certificate Details

Title: Inland Open Water Lifeguarding Skills

Award Class: Minor

Level: 6

Credit Value: 20 FET Credits

Purpose: The purpose of this award is to equip the learner with the knowledge, skill and competence to independently, effectively, efficiently and safely to lifeguard independently and or in a supervisory capacity in inland open water , in compliance with the current ***Irish Water Safety Open Water Safety Guidelines, Open Water Lifeguard Manual, Rescue Skills Handbook*** published by the Irish Water Safety (IWS)

The learner should be able to:

NFQ level Indicators

The learner should be able to:		NFQ level Indicators	
1	Explain the role of the lifeguard in an open water environment to include basic life support on adult, child and infant, recognition of emergency situations and scenarios, activation of emergency medical support (EMS), airway blockage, giving cardio pulmonary resuscitation (CPR) single and two operator mode, expired air resuscitation (EAR) and follow up procedures	Knowledge	Breadth Specialised knowledge of a broad area Kind Some theoretical concepts and abstract thinking, with significant depth in some areas
2	Evaluate a range of patrol considerations to include hand signals and flags, currents, topography, winds, temperatures and weather conditions, natural and manmade hazards, influence on water quality, flora and fauna, river and lake markings		
3	Evaluate normal operating procedures to include preventative lifeguarding, rescue procedures, open water spinal injury management and correct follow up procedures in line with current health and safety legislation		
4	Describe the role and functions of a lifeguard operating in a supervisory capacity		
5	Implement basic life support (BLS) on adult, child or infant and adapt to emergent situations to include		

Title: Inland Open Water Lifeguarding Operations

	airway management and vomiting implementing correct follow up procedures		
6	Implement a range of individual and team techniques and rescue skills required to effectively deal with emergency situations in an open water environment, which include non-contact and contact rescues, appropriate entries, approaches, and correct follow up procedures	Know-how and skill	Range Demonstrate comprehensive range of specialised skills and tools
7	Exercise initiative in dealing with a range of simulated emergency situations with correct follow up procedures following from recognition of the emergency situation through the steps laid out in the emergency action plan (EAP)		Selectivity Formulate responses to well-defined abstract problems
8	Demonstrate basic life support (BLS) techniques on adult, child or infant, in a range of emergency situations or scenarios to include recognition of the emergency, when to activate emergency medical support (EMS), airway blockage, cardio pulmonary resuscitation (CPR) single and two operator mode, expired air resuscitation (EAR) and correct follow up procedures		
9	Demonstrate the use of an automated external defibrillator (AED) and administering oxygen		
10	Carry out deep water resuscitation and deep water spinal injury management including stabilising, boarding and landing	Competence - context	Context Utilise diagnostic and creative skills in a range of functions in a wide variety of contexts
11	Swim 400m within 8 minutes		
12	Carry out rescue techniques to include land based non-contact rescues, evasive and defensive, in scenario based practicals in an open water environment		Role Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form, and function within, multiple, complex
13	Acquire the skills necessary to maintain competence on an on-going basis including the ability to think laterally and strategically		
14	Acquire the skills necessary to monitor own training needs and to develop an individualized training plan		
15	Carry out open water lifeguarding duties in inland open water in an independent manner taking responsibility		

Title: Inland Open Water Lifeguarding Operations

	for implementing appropriate lifesaving techniques, skills and procedures.		and heterogeneous groups
16	Learn the techniques necessary to reflect on actions taken in a given context to embed good practice		<p>Learning to Learn Learn to take responsibility for own learning within a managed environment</p> <p>Insight Express an internalised, personal world view, reflecting engagement with others</p>

Assessment Technique(s) including weighting(s)

Skills Demonstration 90%
Portfolio / Collection of Work 10%

Specific Validation Requirements

The Irish Water Safety (IWS) has statutory responsibility for the regulation of Lifeguarding activity. Providers must apply for approval to Irish Water Safety prior to delivering a validated programmes associated with this award.

Supporting Documentation

- Current IWS National Pool Lifeguard Manual
- Current IWS Rescue Skills Handbook
- Current IWS Swimming Pool Safety Guidelines

Access Requirements

The recommended entry level is an IWS Rescue 3 Award, be 16 years of age, or older, at the time of the examination

