



CERTIFICATE OF VALIDATION

New validation

Validation Process: **New**

| | |
|---------------------------|--|
| Provider Name | Irish College of Humanities and Applied Sciences Limited |
| Date of Validation | 08-Apr-21 |

| | Code | Title | Award | Exit |
|----------------------------|---------|--|---|------|
| Principal Programme | PG24459 | Bachelor of Arts (Honours) in Counselling and Psychotherapy | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21432 240 credits | N/A |
| Embedded Programme | PG24455 | Certificate in Foundational Skills & Competence in Counselling & Psychotherapy | Certificate (Minor Award at NFQ Level 6) 6H21434 20 credits | No |
| Embedded Programme | PG24456 | Certificate in Cultural Competence for Professional Development | Certificate (Minor Award at NFQ Level 6) 6H21436 10 credits | No |
| Embedded Programme | PG24457 | Certificate in Supporting Positive Parenting | Certificate (Minor Award at NFQ Level 8) 8H21438 15 credits | No |
| Embedded Programme | PG24469 | Bachelor of Arts (Honours) in Counselling and Psychotherapy with Addiction Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21440 240 credits | No |
| Embedded Programme | PG24470 | Bachelor of Arts (Honours) in Counselling and Psychotherapy with Youth Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21442 240 credits | No |
| Embedded Programme | PG24471 | Bachelor of Arts in Psychosocial Studies | Bachelor of Arts (Ordinary Bachelor Degree at NFQ Level 7) 7M21444 180 credits | Yes |
| Embedded Programme | PG24472 | Bachelor of Arts in Counselling and Psychotherapy | Bachelor of Arts (Ordinary Bachelor Degree at NFQ Level 7) 7M21446 180 credits | Yes |
| Embedded Programme | PG24473 | Higher Certificate in Arts in Counselling and Psychotherapy | Higher Certificate in Arts (Higher Certificate at NFQ Level 6) 6M21448 120 credits | Yes |
| Embedded Programme | PG24474 | Bachelor of Arts (Honours) in Psychosocial Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21450 240 credits | Yes |

| | | |
|---------------------------|---------------------|--------------------|
| | First Intake | Last Intake |
| Enrolment Interval | Sep-21 | Aug-26 |

Principal Programme

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|-------------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 1 | 1 | Full Time, Part Time |
| Minimum Learners per Intake: | 40 | 40 | |
| Maximum Learners per Intake: | 80 | 80 | |
| Duration (months) | 48 | 48 | |

Target Learner Groups

This programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice.



Brief Synopsis of the Programmes

The Programme is designed as an abinitio Bachelors of Arts (Hons) Programme and is designed for learners who meet the specified entry requirements. It is anticipated that the programme will be attractive mainly to mature learners who wish to study both Counselling and Psychotherapy and which will facilitate graduates with opportunities to develop their knowledge, skills and attitudes to prepare them for professional accreditation by relevant Professional Counselling Accreditation Bodies. The Programme will afford the opportunities to develop knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice as well as the core competencies necessary for entry to professional practice at 'pre-accreditation' levels of practice.

This will permit such students to be prepared for professional practice and employment opportunities.

The Programme comprises 240 ECTS and will involve students successfully completing 60 ECTS across each of the 4 stages of the Programme. Most Modules (as set out in the schedule) are semesterised and as a general rule, each Semester comprises 30 ECTS.

Students will be supported with appropriate opportunities to engage in 5 key thematic Themes as set out in Table 6-8.

In summary, on completion of their programme, students will be able to demonstrate acquisition of the Minimum Intended Learning Outcomes (MIPLO's) for each award associated with the programme, as set out in section 2.3.

The Programme will involve a minimum of 200 hours of client work in workplace learning contexts (20 ECTS), which will be undertaken under Clinical Supervision structures at a ratio of 1 hour of Clinical Supervision to every 5 Hours of Client work. This direct client engagement will only occur at Stages 3 & 4 of the Programme.

Students will also be required to participate in a minimum of 50 hours of Personal Psychotherapeutic Engagement processes from Stages 2 – 4 of the Programme. Students will be formally advised that costs associated with Clinical Supervision and Personal Psychotherapeutic Engagement processes are additional costs which are not included in Tuition Fees.

Teaching and Learning Modes

1. Directed Learning
2. E-learning (directed)
3. E-learning (self-directed)
4. Group Discussions
5. Group Discussions/Interactions
6. Lectures / Classes
7. One-on-One Sessions
8. Other
9. Practical Sessions
10. Practical/workshop/Laboratories/studio sessions
11. Self Directed Learning
12. Tutorials
13. Tutorials/One on one supported learning
14. Webinars
15. Work experience
16. Work Experience/Simulated Work environment
17. Workshops

Approved Countries

Ireland

Physical Resource Requirements

Face-to-face lectures and workshops will be provided in standard lecture rooms. It is not envisaged that additional space will be required.



| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|---|-----|
| Programme Director | with responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Lecturer | Minimum Level 8 qualification in Counselling & Psychotherapy related area of practice. Those teaching at the award stage of the programme will be required to hold a minimum of a level 9 qualification in relevant areas of practice. | 4 |
| Programme Co-ordinator | Programme Co-ordinator with leaving Certificate. | 1 |
| E-Learning Support | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | 20 | 40 |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | 20 | 40 |
| | Cork | 10 | 20 |
| | Waterford | 10 | 20 |
| | Galway | 10 | 20 |
| | Cavan | 10 | 20 |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|---------------------------------------|-------|
| | Lectures | 1:30 |
| | Internal Supervision | 1:8 |
| | External Supervised Clinical Practice | 1:1 |
| | Workshops | 1:20 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|---|------|
| PG24455 | Certificate in Foundational Skills & Competence in Counselling & Psychotherapy | Certificate (Minor Award at NFQ Level 6) 6H21434 20 credits | No |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 8 | 8 | Full Time, Part Time |
| Minimum Learners per Intake: | 8 | 8 | |
| Maximum Learners per Intake: | 25 | 25 | |
| Duration (months) | 3 | 3 | |

Target Learner Groups

The Programme is designed for learners who are anxious to learn fundamental skills and competencies in counselling & psychotherapy practice. It is anticipated that the programme will be attractive mainly to mature learners who wish to study both Counselling and Psychotherapy at foundational level, either to support existing roles they have or as a point of initial discovery as to whether or not a Major Award would be something they should pursue.

Brief Synopsis of the Programmes

The Programme is designed as an Embedded Minor award within the Principal Programme titled the Bachelors of Arts (Hons) in Counselling & Psychotherapy and is designed for learners who meet the specified entry requirements for that programme but who are anxious to learn fundamental skills and competencies in counselling & psychotherapy practice and not necessarily a Major Award. It is anticipated that the programme will be attractive mainly to mature learners who wish to study both Counselling and Psychotherapy at foundational level, either to support existing roles they have or as a point of initial discovery as to whether or not a Major Award would be something they should pursue. It will facilitate graduates with opportunities to develop their knowledge, skills and attitudes to prepare them for further studies on programmes which would lead to professional accreditation by relevant Professional Counselling Accreditation Bodies. The Programme will afford the opportunities to develop foundational knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice as well as foundational level skills and competencies.

This would permit such students to be prepared for advanced entry to the BA (Hons in Counselling & Psychotherapy) through RPL routes.

The Programme comprises 20 ECTS of Modular content from the first Stage of the Principal Programme.



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| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Lectures / Classes 7. Other 8. Practical Sessions 9. Self Directed Learning 10. Tutorials 11. Tutorials/One on one supported learning 12. Webinars 13. Work Experience/Simulated Work environment 14. Workshops |
|------------------------------------|--|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

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|----------------------------|
| As per principal programme |
|----------------------------|

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|--|-----|
| Programme Director | Responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Lecturer | Delivery of Modules and will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Programme Co-ordinator | Coordination of the programme. | 1 |
| Elearning Support | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | 8 | 60 |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | 8 | 60 |
| | Waterford | 8 | 20 |
| | Cork | 8 | 20 |
| | Galway | 8 | 20 |
| | Cavan | 8 | 20 |



| Learner Teacher Ratios | Learning Activity | Ratio |
|-------------------------------|---------------------------------------|--------------|
| | Lectures | 1:30 |
| | External Supervised Clinical Practice | 1:1 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|---|------------------|------------------------|------------------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|---|---|------|
| PG24456 | Certificate in Cultural Competence for Professional Development | Certificate (Minor Award at NFQ Level 6) 6H21436 10 credits | No |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 8 | 8 | Full Time, Part Time |
| Minimum Learners per Intake: | 8 | 8 | |
| Maximum Learners per Intake: | 25 | 25 | |
| Duration (months) | 3 | 3 | |

Target Learner Groups

The Programme is designed for learners who wish to develop trans and intercultural competencies for both personal and professional development. It is anticipated that the programme will be attractive mainly to mature learners who wish to explore the meaning of diversity in a multi-cultural context.

Brief Synopsis of the Programmes

The Programme is designed as an Embedded Minor award within the Principal Programme titled the Bachelors of Arts (Hons) in Counselling & Psychotherapy and is designed for learners who wish to develop trans and intercultural competencies for both personal and professional development. It is anticipated that the programme will be attractive mainly to mature learners who wish to explore the meaning of diversity in a multi-cultural context. The programme will be delivered with an emphasis on experiential and inter-communicational modes of learning. It will facilitate graduates with opportunities to develop their knowledge, skills and attitudes to prepare them for working in diverse minority and multicultural contexts and exploring the nature of stereotypes, prejudice and discrimination. The Programme will afford learners opportunities to develop foundational knowledge of relevant theoretical and conceptual as foundations for developing the skills and competencies required for culturally sensitive practice. The Programme comprises 10 ECTS of Modular content from the first Stage of the Principal Programme. On completion of this Minor Award, students will be able to demonstrate acquisition of the Skills and Competencies associated with the Minimum Intended Learning Outcomes (MIPLO's) for the programme, as set out in section 2.3 in the principal programme.

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|------------------------------------|--|
| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Lectures / Classes 7. Other 8. Practical Sessions 9. Self Directed Learning 10. Simulated Work Environment 11. Tutorials 12. Tutorials/One on one supported learning 13. Webinars 14. Workshops |
|------------------------------------|--|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|



Physical Resource Requirements

As per the principal programme

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|---|-----|
| Programme Director | with responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Lecturer | Lecturer will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Programme Co-ordinator | Leaving Certificate Qualification. | 1 |
| E Learning Support | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | 8 | 60 |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | 8 | 60 |
| | Waterford | 8 | 20 |
| | Galway | 8 | 20 |
| | Cavan | 8 | 20 |
| | Cork | 8 | 20 |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|-------------------|-------|
| | Lectures | 1:30 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|---|------|
| PG24457 | Certificate in Supporting Positive Parenting | Certificate (Minor Award at NFQ Level 8) 8H21438 15 credits | No |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 8 | 8 | Full Time, Part Time |
| Minimum Learners per Intake: | 8 | 8 | |
| Maximum Learners per Intake: | 25 | 25 | |
| Duration (months) | 3 | 3 | |

Target Learner Groups

The programme is designed for learners who wish to develop knowledge and competence appropriate to enhance parenting competence and knowledge of the impact of trauma in developmental and parenting contexts for both personal and professional development. It is anticipated that the programme will be attractive mainly to mature learners from a range of disciplines, including, but not limited to counselling, psychotherapy, social care, nursing, teaching, early childhood education and care, social work or other relevant areas who wish to explore the meaning of trauma and its influence on development and parenting.

Brief Synopsis of the Programmes

The programme is designed as an Embedded Minor award within the Principal Programme titled the Bachelors of Arts (Hons) in Counselling & Psychotherapy and is designed for learners who wish to develop knowledge and competence appropriate to enhance parenting competence and knowledge of the impact of trauma in developmental and parenting contexts for both personal and professional development. It is anticipated that the programme will be attractive mainly to mature learners from a range of disciplines, including, but not limited to counselling, psychotherapy, social care, nursing, teaching, early childhood education and care, social work or other relevant areas who wish to explore the meaning of trauma and its influence on development and parenting. The programme will be delivered with an emphasis on experiential and inter-communicational modes of learning. It will facilitate graduates with opportunities to develop their knowledge, skills and attitudes of positive parenting to prepare them for working with parents in a range of professional contexts. The programme will afford learners opportunities to develop knowledge of relevant theoretical and conceptual competencies required for engagement in supporting positive parenting.

The Programme comprises 15 ECTS of modular content from the fourth stage of the Principal Programme.

On completion of this Minor Award, students will be able to demonstrate acquisition of the Skills and Competencies associated with the Minimum Intended Learning Outcomes (MIPLO's) for the programme, as set out in section 2.3 in the programme validation document.

Teaching and Learning Modes

1. Directed Learning
2. E-learning (directed)
3. E-learning (self-directed)
4. Group Discussions
5. Group Discussions/Interactions
6. Lectures / Classes
7. Other
8. Self Directed Learning
9. Tutorials/One on one supported learning
10. Webinars
11. Workshops



| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

| |
|----------------------------|
| As per principal Programme |
|----------------------------|

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|--|------------|
| Programme Director | Responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in a relevant area; and considerable professional experience of working in related areas. | 1 |
| Lecturer | Lecturer who will be required to hold a Master’s level qualification or higher in a relevant area; and considerable professional experience of working in related areas. | 1 |
| Programme Co-ordinator | Coordination of programme. | 1 |
| E Learning Support | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|-------------------------|---|---|---|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | 8 | 60 |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|-----------------------------|----------------------|------------------------------------|------------------------------------|
| | Dublin | 8 | 60 |
| | Waterford | 8 | 20 |
| | Cork | 8 | 20 |
| | Galway | 8 | 20 |
| | Cavan | 8 | 20 |

| Learner Teacher Ratios | Learning Activity | Ratio |
|-------------------------------|--------------------------|--------------|
| | Lectures | 1:30 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|---|------------------|------------------------|------------------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|---|------|
| PG24469 | Bachelor of Arts (Honours) in Counselling and Psychotherapy with Addiction Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21440 240 credits | No |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 1 | 1 | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 48 | 48 | |

Target Learner Groups

This programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice.

Brief Synopsis of the Programmes

The Programme is designed as an abinitio Bachelors of Arts (Hons) Programme and is designed for learners who meet the specified entry requirements. It is anticipated that the programme will be attractive mainly to mature learners who wish to study both Counselling and Psychotherapy and which will facilitate graduates with opportunities to develop their knowledge, skills and attitudes to prepare them for professional accreditation by relevant Professional Counselling Accreditation Bodies. The Programme will afford the opportunities to develop knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice as well as the core competencies necessary for entry to professional practice at 'pre-accreditation' levels of practice.

This will permit such students to be prepared for professional practice and employment opportunities.

The Programme comprises 240 ECTS and will involve students successfully completing 60 ECTS across each of the 4 stages of the Programme. Most Modules (as set out in the schedule) are semesterised and as a general rule, each Semester comprises 30 ECTS.

Students will be supported with appropriate opportunities to engage in 5 key thematic Themes as set out in Table 6-8.

In summary, on completion of their programme, students will be able to demonstrate acquisition of the Minimum Intended Learning Outcomes (MIPLO's) for each award associated with the programme, as set out in section 2.3.

The Programme will involve a minimum of 200 hours of client work in workplace learning contexts (20 ECTS), which will be undertaken under Clinical Supervision structures at a ratio of 1 hour of Clinical Supervision to every 5 Hours of Client work. This direct client engagement will only occur at Stages 3 & 4 of the Programme.

Students will also be required to participate in a minimum of 50 hours of Personal Psychotherapeutic Engagement processes from Stages 2 – 4 of the Programme. Students will be formally advised that costs associated with Clinical Supervision and Personal Psychotherapeutic Engagement processes are additional costs which are not included in Tuition Fees.



| | |
|------------------------------------|---|
| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Lectures / Classes 7. One-on-One Sessions 8. Other 9. Practical Sessions 10. Practical/workshop/Laboratories/studio sessions 11. Self Directed Learning 12. Tutorials 13. Tutorials/One on one supported learning 14. Webinars 15. Work experience 16. Work Experience/Simulated Work environment 17. Workshops |
|------------------------------------|---|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

Face-to-face lectures and workshops will be provided in standard lecture rooms. It is not envisaged that additional space will be required. For the technological requirements, please refer to section 5.6.

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|--|-----|
| Programme Director | Programme Director with responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |
| Lecturer | Lecturer with responsibility for delivery of module content who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 4 |
| Programme Co-ordinator | Programme Coordination with Leaving Cert Qualifications and HE Experience. | 1 |
| E Learning Support | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .50 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |



| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | n/a | n/a |
| | Cork | n/a | n/a |
| | Waterford | n/a | n/a |
| | Cavan | n/a | n/a |
| | Galway | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|---------------------------------------|-------|
| | Lectures | 1:30 |
| | Internal Supervision | 1:8 |
| | External Supervised Clinical Practice | 1:1 |
| | Workshops | 1:20 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|---|------|
| PG24470 | Bachelor of Arts (Honours) in Counselling and Psychotherapy with Youth Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21442 240 credits | No |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | 1 | 1 | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 48 | 48 | |

Target Learner Groups

This programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice.

Brief Synopsis of the Programmes

The Programme is designed as an abinitio Bachelors of Arts (Hons) Programme and is designed for learners who meet the specified entry requirements. It is anticipated that the programme will be attractive mainly to mature learners who wish to study both Counselling and Psychotherapy and which will facilitate graduates with opportunities to develop their knowledge, skills and attitudes to prepare them for professional accreditation by relevant Professional Counselling Accreditation Bodies. The Programme will afford the opportunities to develop knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice as well as the core competencies necessary for entry to professional practice at 'pre-accreditation' levels of practice.

This will permit such students to be prepared for professional practice and employment opportunities.

The Programme comprises 240 ECTS and will involve students successfully completing 60 ECTS across each of the 4 stages of the Programme. Most Modules (as set out in the schedule) are semesterised and as a general rule, each Semester comprises 30 ECTS.

Students will be supported with appropriate opportunities to engage in 5 key thematic Themes as set out in Table 6-8.

In summary, on completion of their programme, students will be able to demonstrate acquisition of the Minimum Intended Learning Outcomes (MIPLO's) for each award associated with the programme, as set out in section 2.3.

The Programme will involve a minimum of 200 hours of client work in workplace learning contexts (20 ECTS), which will be undertaken under Clinical Supervision structures at a ratio of 1 hour of Clinical Supervision to every 5 Hours of Client work. This direct client engagement will only occur at Stages 3 & 4 of the Programme.

Students will also be required to participate in a minimum of 50 hours of Personal Psychotherapeutic Engagement processes from Stages 2 – 4 of the Programme. Students will be formally advised that costs associated with Clinical Supervision and Personal Psychotherapeutic Engagement processes are additional costs which are not included in Tuition Fees.



| | |
|------------------------------------|--|
| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Laboratory / Studio 7. Lectures / Classes 8. One-on-One Sessions 9. Other 10. Practical Sessions 11. Practical/workshop/Laboratories/studio sessions 12. Self Directed Learning 13. Simulated Work Environment 14. Tutorials 15. Tutorials/One on one supported learning 16. Webinars 17. Work experience 18. Work Experience/Simulated Work environment 19. Workshops |
|------------------------------------|--|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

Face-to-face lectures and workshops will be provided in standard lecture rooms. It is not envisaged that additional space will be required. For the technological requirements, please refer to section 5.6.

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|--|-----|
| E Learning | E-learning support for both staff and learners; Masters and/or equivalent in E-learning. | .50 |
| Programme Co Ordinator | Leaving Cert Standard with HE Experience. | 1 |
| Lecturer | Lecturer with responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 4 |
| Programme Director | Programme Director . with responsibility for programme management, academic quality, research and Professional Placement who will be required to hold a Master’s level qualification or higher in Counselling and/or a related area; and considerable professional experience of working in related areas. | 1 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |



| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | n/a | n/a |
| | Waterford | n/a | n/a |
| | Cork | n/a | n/a |
| | Galway | n/a | n/a |
| | Cavan | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|---------------------------------------|-------|
| | Workshops | 1:20 |
| | External Supervised Clinical Practice | 1:1 |
| | Internal Supervision | 1:8 |
| | Lectures | 1:30 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|--|------|
| PG24471 | Bachelor of Arts in Psychosocial Studies | Bachelor of Arts (Ordinary Bachelor Degree at NFQ Level 7) 7M21444 180 credits | Yes |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | n/a | n/a | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 36 | 36 | |

Target Learner Groups

As embedded Exit Only Awards, the same Target Learners as apply to the Principal Programme are relevant here.

Brief Synopsis of the Programmes

It is proposed that Learners would be eligible for the Award of BA in Psychosocial Studies where learners have the ability to qualify for an academic qualification reflecting their learning at this level, but discover or it is found that they are not suited to counselling or psychotherapy practice, having commenced their studies. Any applicant for Professional Accreditation would be required to have completed a minimum of 100 hours of Direct client work and 50 hours of Personal Psychotherapeutic Experience. Therefore, for students to be eligible for the Award of BA in Psychosocial Studies, they would be required, as a special regulation to undertake 15 Credits of Study in Psychosocial Studies at Stage 3 of their Programme as an alternative pathway.

Teaching and Learning Modes

1. Directed Learning
2. E-learning (directed)
3. E-learning (self-directed)
4. Group Discussions
5. Group Discussions/Interactions
6. Laboratory / Studio
7. Lectures / Classes
8. One-on-One Sessions
9. Other
10. Practical Sessions
11. Practical/workshop/Laboratories/studio sessions
12. Self Directed Learning
13. Tutorials
14. Tutorials/One on one supported learning
15. Webinars
16. Workshops

Approved Countries

Ireland

Physical Resource Requirements

As per the principal Programme.



| Staff Profiles | Qualifications and Experience | WTE |
|-----------------------|-------------------------------|-----|
| Programme Director | As per principal Programme | 1 |
| Lecturer | As per principal Programme | 4 |
| Programme Coordinator | As per principal Programme | 1 |
| E Learning | As per principal Programme | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | n/a | n/a |
| | Waterford | n/a | n/a |
| | Cork | n/a | n/a |
| | Galway | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|---------------------------------------|-------|
| | Lectures | 1:30 |
| | Internal Supervision | 1:8 |
| | External Supervised Clinical Practice | 1:1 |
| | Workshops | 1:20 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|---|--|------|
| PG24472 | Bachelor of Arts in Counselling and Psychotherapy | Bachelor of Arts (Ordinary Bachelor Degree at NFQ Level 7) 7M21446 180 credits | Yes |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | n/a | n/a | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 36 | 36 | |

Target Learner Groups

This programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice.

Brief Synopsis of the Programmes

The Programme is designed to provide an Exit Only Award for learners who do not complete the abinitio Bachelors of Arts (Hons) Programme for which they would have applied and to which they were accepted on the basis of meeting the specified entry requirements. It is anticipated that option to apply for an Exit Award from the Principal programme will apply mainly where learners (having completed the first three stages of the principle programme decide to pursue other programmes or that counselling is not a career they wish to pursue, based on initial exposure to practice as a learner. Learners, will, by that stage have had the opportunity to have had significant opportunities to develop their knowledge, skills and attitudes to prepare them for professional accreditation by relevant Professional Counselling Accreditation Bodies, but who decide that option is not one they wish to continue to pursue. The Programme will afford the opportunities to develop knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice. The Programme comprises 180 ECTS and will involve students successfully completing 60 ECTS across each of the first 3 stages of the Principal Programme. Most Modules (as set out in the schedule) are semesterised and as a general rule, each Semester comprises 30 ECTS. The Programme will involve a minimum of 100 hours of client work in workplace learning contexts (10 ECTS), which will be undertaken under Clinical Supervision structures at a ratio of 1 hour of Clinical Supervision to every 5 Hours of Direct Client work. This client engagement will only occur at Stages 3 of the Programme. Students will also be required to participate in a minimum of 25 hours of Personal Psychotherapeutic Engagement processes from Stages 2 – 3 of the Programme. Students will be formally advised that costs associated with Clinical Supervision and Personal Psychotherapeutic Engagement processes are additional costs which are not included in Tuition Fees.



| | |
|------------------------------------|--|
| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Laboratory / Studio 7. Lectures / Classes 8. One-on-One Sessions 9. Other 10. Practical Sessions 11. Practical/workshop/Laboratories/studio sessions 12. Self Directed Learning 13. Tutorials 14. Tutorials/One on one supported learning 15. Webinars 16. Work experience 17. Work Experience/Simulated Work environment 18. Workshops |
|------------------------------------|--|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

Exit Award only at Level 7 for Principal Programme.

| Staff Profiles | Qualifications and Experience | WTE |
|--------------------|-------------------------------|-----|
| Programme Director | As per principal Programme | 1 |
| Lecturer | As per principal programme | 4 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | n/a | n/a |
| | Cavan | n/a | n/a |
| | Cork | n/a | n/a |
| | Waterford | n/a | n/a |
| | Galway | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|-------------------|-------|
| | Lectures | 1:30 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |



| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|---|--|------|
| PG24473 | Higher Certificate in Arts in Counselling and Psychotherapy | Higher Certificate in Arts (Higher Certificate at NFQ Level 6) 6M21448 120 credits | Yes |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | n/a | n/a | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 24 | 24 | |

Target Learner Groups

This programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice.

Brief Synopsis of the Programmes

The Programme is designed to provide an Exit Only Award for learners who do not complete the abinitio Bachelors of Arts (Hons) Programme for which they would have applied and to which they were accepted on the basis of meeting the specified entry requirements. It is anticipated that option to apply for an Exit Award from the Principal programme at Higher Certificate level will apply mainly where learners (having completed the first two stages of the principal programme decide to pursue other programmes or that counselling is not a career they wish to pursue, based on initial exposure to theory and simulated learning as a learner. Learners, will, by that stage have had the opportunity to have had opportunities to develop their knowledge, skills and attitudes in the fields of Counselling & psychotherapeutic studies, but decide that further study is not one they wish to continue to pursue. The Embedded (Exit only) Award will afford the opportunities to develop knowledge of the theories and conceptual basis of Counselling and Psychotherapeutic practice.

The Programme comprises 120 ECTS and will involve students successfully completing 60 ECTS across each of the first 2 stages of the Principal Programme. Most Modules (as set out in the schedule) are semesterised and as a general rule, each Semester comprises 30 ECTS.

| | |
|------------------------------------|---|
| Teaching and Learning Modes | <ol style="list-style-type: none"> 1. Directed Learning 2. E-learning (directed) 3. E-learning (self-directed) 4. Group Discussions 5. Group Discussions/Interactions 6. Lectures / Classes 7. Other 8. Practical Sessions 9. Practical/workshop/Laboratories/studio sessions 10. Self Directed Learning 11. Tutorials 12. Tutorials/One on one supported learning 13. Webinars 14. Workshops |
|------------------------------------|---|

| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|



Physical Resource Requirements

Exit Award in Principle Programme.

| Staff Profiles | Qualifications and Experience | WTE |
|------------------------|-------------------------------|-----|
| Programme Director | As per principal Programme | 1 |
| Lecturer | As per principal Programme | 4 |
| Programme Co-ordinator | As per principal Programme | 1 |
| E Learning | As per principal Programme | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|------------------|---|--|--|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|----------------------|---------------|-----------------------------|-----------------------------|
| | Dublin | n/a | n/a |
| | Waterford | n/a | n/a |
| | Cork | n/a | n/a |
| | Galway | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|------------------------|-------------------|-------|
| | Lectures | 1:30 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|--|-----------|-----------------|-----------|
| | N/A | | |



Embedded Programme

Validation Process: **New**

| Code | Title | Award | Exit |
|---------|--|---|------|
| PG24474 | Bachelor of Arts (Honours) in Psychosocial Studies | Bachelor of Arts (Honours) (Honours Bachelor Degree at NFQ Level 8) 8M21450 240 credits | Yes |

| | Full Time | Part Time | Delivery Mode: full-time / part-time |
|------------------------------|-----------|-----------|--------------------------------------|
| Maximum Intakes per Annum: | n/a | n/a | Full Time, Part Time |
| Minimum Learners per Intake: | n/a | n/a | |
| Maximum Learners per Intake: | n/a | n/a | |
| Duration (months) | 48 | 48 | |

Target Learner Groups

As embedded Exit Only Awards, the same Target Learners as apply to the Principal Programme are relevant here. In the case of the Principal Programme, it is expected that the programme will appeal to a broad range of individuals who wish to commence their journey to fully engage in careers in counselling related areas of practice. This award will be available to those who, having commenced the principal programme and who have demonstrated they have the capacity to study to a Level 8 standard either decide or it is found that this is not an option they wish to pursue.

Brief Synopsis of the Programmes

It is therefore proposed that where individuals who discover after following a programme of education for a period that they are not suited to counselling or psychotherapy practice, having commenced their studies, that they may be eligible for the following Awards (Exit Only).

It is proposed that Learners would be eligible for the Award of BA (Honours) in Psychosocial Studies where learners have the ability to qualify for an academic qualification reflecting their learning at this level, but discover or it is found that they are not suited to counselling or psychotherapy practice, having commenced their studies. Any applicant for Professional Accreditation would be required to have completed a minimum of 100 hours of Direct client work and 50 hours of Personal Psychotherapeutic Experience. Therefore, for students to be eligible for the Award of BA (Honours) in Psychosocial Studies, they would be required, as a special regulation to undertake 15 Credits of Study in Psychosocial Studies at Stage 3 of their Programme as an alternative pathway.

| Teaching and Learning Modes | |
|-----------------------------|---|
| | 1. Directed Learning |
| | 2. E-learning (directed) |
| | 3. E-learning (self-directed) |
| | 4. Group Discussions |
| | 5. Group Discussions/Interactions |
| | 6. Laboratory / Studio |
| | 7. Lectures / Classes |
| | 8. One-on-One Sessions |
| | 9. Other |
| | 10. Practical Sessions |
| | 11. Practical/workshop/Laboratories/studio sessions |
| | 12. Self Directed Learning |
| | 13. Tutorials |
| | 14. Tutorials/One on one supported learning |
| | 15. Webinars |
| | 16. Workshops |



| | |
|---------------------------|---------|
| Approved Countries | Ireland |
|---------------------------|---------|

Physical Resource Requirements

As per principal Programme.

| Staff Profiles | Qualifications and Experience | WTE |
|-----------------------|--------------------------------------|------------|
| Programme Director | As per principal Programme | 1 |
| Lectuer | As per principal Programme | 4 |
| Programme Coordinator | As per principal Programme | 1 |
| E Learning | As per principal Programme | .25 |

| Approved Centres | Centre | Minimum Number of Learners per Intake per Centre | Maximum Number of Learners per Intake per Centre |
|-------------------------|---|---|---|
| | 38011Q Irish College of Humanities and Applied Sciences Limited | n/a | n/a |

| Additional Locations | Location Name | Minimum Enrolment per Annum | Maximum Enrolment per Annum |
|-----------------------------|----------------------|------------------------------------|------------------------------------|
| | Dublin | n/a | n/a |
| | Waterford | n/a | n/a |
| | Cork | n/a | n/a |
| | Galway | n/a | n/a |
| | Cavan | n/a | n/a |

| Learner Teacher Ratios | Learning Activity | Ratio |
|-------------------------------|--------------------------|--------------|
| | Lectures | 1:30 |
| | Workshops | 1:20 |
| | Tutorials | 1:15 |

| Programme being replaced by this Programme | Prog Code | Programme Title | Validated |
|---|------------------|------------------------|------------------|
| | N/A | | |



Conditions of Validation of the Programmes Covered by this Certificate of Validation

Part 1: Statutory Conditions of Validation

The statutory (section 45(3) of the 2012 Act) conditions of validation are that the provider of the programme shall:

1. Co-operate with and assist QQI in the performance of QQI's functions in so far as those functions relate to the functions of the provider,
2. Establish procedures which are fair and consistent for the assessment of enrolled learners to ensure the standards of knowledge, skill or competence determined by QQI under section 49 (1) are acquired, and where appropriate, demonstrated, by enrolled learners,
3. Continue to comply with section 65 of the 2012 Act in respect of arrangements for the protection of enrolled learners, if applicable, and
4. Provide to QQI such information as QQI may from time to time require for the purposes of the performance of its functions, including information in respect of completion rates.

Part 2 Conditions of Validation Established by QQI Under section 45(4)(b) of the 2012 Act

Part 2.1 Condition of Validation Concerning a Change in the QQI Award or Award Standard

1. Where QQI changes an award title, an award specification or an award standard that a programme depends upon, the provider shall not enrol any further learners on the affected programmes unless informed otherwise in writing by QQI (e.g. by the issue of a revised certificate of validation). The programme is considered validated for learners already enrolled on the affected programme.

Part 2.2 Condition of Validation Concerning the Duration of Enrolment

1. The duration of enrolment is the interval during which learners may be enrolled on the validated programme.

Validation is determined by QQI for a specified number of years of enrolment appropriate to the particular programme as indicated on the certificate on validation subject to unit 9.2.1. It is a condition of validation that the programme does not enrol any new learners outside this interval. A typical duration would be five years.

If a provider wishes to continue to enrol learners to the programme beyond this interval the provider must arrange in good time for it to be validated again by QQI, or exceptionally the provider may apply for extension of the duration of enrolment (unit (14)). In this context the provider may apply for validation of the programme from first principles or, alternatively, the provider may avail of the process for revalidation (unit (13)) by QQI.

Part 2.3 General Condition of Validation

The provider of the programme shall:

1. Ensure that the programme as implemented does not differ in a material way from the programme as validated; differing in a material way is defined as differing in any aspect of the programme or its implementation that was material to QQI's validation criteria.
2. Ensure that the programme is provided with the appropriate staff and physical resources as validated.
3. Implement in respect of the programme its written quality assurance procedures (as approved by QQI).
4. Make no significant change to the programme without the prior approval of QQI. (See unit (8)).
5. Unless otherwise agreed by QQI in writing, start implementing the programme as validated and enrol learners within 18 months of validation.
6. Continue in respect of the validated programme to comply with section 56 of the 2012 Act in respect of procedures for access, transfer and progression.
7. Implement the programme and procedures for assessment of learners in accordance with the Approved Programme Schedule and notify QQI in writing of any amendments to this arising from changes to the programme; see unit (9).
8. When advertising and promoting the programme and awards, use the programme title as validated, and the correct QQI award title(s), award type(s) and award class(es) indicating the level of the award(s) on the National Framework of Qualifications.



9. Adhere to QQI regulations and procedures for certification.

10. Notify QQI in writing without delay of: a. Any material change to the programme; a. Anything that impacts on the integrity or reputation of the programme or the corresponding QQI awards; b. Anything that infringes the conditions of validation; or c. Anything that would be likely to cause QQI to consider reviewing the validation.

11. Notify QQI in writing to determine the implications for the provider's validated programmes, where the provider is likely to, or planning to, merge (amalgamate) with another entity or to acquire, or be acquired by, another entity (see unit (12.5)) .

12. Report to QQI, when required or requested, on its implementation of the programme and compliance with the conditions of validation.

Part 2.4 General Condition of Validation Arising from Specialised Validation Policy and Criteria

1.

Part 2.5 Special Conditions of Validation

Approved Programme Schedule Template for Stage 1 – BA (Hons) in Counselling & Psychotherapy

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | |
|--|---|--|--|------------------------------|-------------------------------------|--------------------------------|---------------------|----------------------|---|--------|----------------------|-----------------------------------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | |
| Award Title | | Bachelor of Arts (Hons) in Counselling & Psychotherapy | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | |
| Award Class ⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level ² | Stage EQF Level ² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | |
| Major | 8 | 6 | Stage 1 | | | 60 ECTS | September 2021 | 0923 | | | | |
| Module Title (Up to 70 characters including spaces) | Semester no where applicable . (Semester 1 or Semester 2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | Status ⁴² | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Independent Learning | Hours of | C.A. % | Supervised Project % | Proctored practical demonstration |

⁴² Mandatory (m) or elective (E)

| | | | | | | | | | Work-based learning | | | | |
|---|---|---|---|------------|-----|----|---|-----|---------------------|------|--|-----|------|
| Study Skills for Higher Education | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Theoretical Perspectives in Counselling & Psychotherapy | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | | 50% |
| Essential Counselling & Psychotherapeutic Skills | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | 50% | |
| Group Facilitation | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Human Development across the Lifespan | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Ethics & Professional Issue | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | | | 100% |
| Understanding Mental Health | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Introduction to Personal Development | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 2 – BA (Hons) in Counselling & Psychotherapy

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
|---|------------------------|---|---|------------------------------------|------------------------------------|----------------------------|-----------------------|---------------------------|--|--|--|--|--|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Award Title | | Bachelor of Arts (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Stage Exit Award Title³ | | Higher Certificate in Counselling & Psychotherapy Studies | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |

⁴³ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| Major | 8 | 6 | Stage 2 | 6 | 5 | 60 ECTS | September 2021 | 0923 | | | | | |
|--|--|----------------------|--|----------------------------|-------------------------------------|--------------------------|---------------------|-------------------------------|--|---|----------------------|-------------------------------------|--------------------------|
| Module Title (Up to 70 characters including spaces) | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | Status ⁴⁴ | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁴⁵ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Core Competencies in Counselling & Psychotherapy | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Cultural Issues in Professional Practice | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | 100% | | |
| Case Formulation | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Psychosocial Assessment | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | | | | 100% |
| Group Process | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychodynamic Approaches in Interpersonal Practice | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Humanistic Approaches in Interpersonal Practice | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Personal Development & Self Caring Practices | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 3 – BA (Hons) in Counselling & Psychotherapy

| | |
|--------------------------|--|
| Name of Provider: | Irish College of Humanities & Applied Sciences |
| Programme Title | BA (Hons) in Counselling & Psychotherapy |

⁴⁴ Mandatory (m) or elective (E)

⁴⁵ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|------------------------|---|---|--|--|---------------------------------------|----------------------------|--------------------------------------|--|---------------|-----------------------------|--|---------------------------------|
| Award Title | | Bachelor of Arts (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Stage Exit Award Title³ | | B.A. in Counselling & Psychotherapy | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Stage 3 | 7 | 6 | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | Allocation Of Marks (from the module assessment strategy) | | | | |
| | | | | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁴⁷ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| | | Semester no where applicable. (Semester 1 or Semester2) | Status⁴⁶ | NFQ Level¹ where specified | | | | | | | | | |
| Research Approaches in Counselling & Psychotherapy | | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Integrative Approaches in Interpersonal Practice | | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | |
| Mood, Stress and Emotional Disorders | | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Family Systems Theory & Psychotherapeutic Interventions | | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | |
| Theory/Practice Integration | | 1 & 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | 100 | 100% | | |
| Cognitive Behavioural Approaches in Interpersonal Practice | | 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 214 | | 30% | | 70% |

⁴⁶ Mandatory (m) or elective (E)

⁴⁷ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Personal Psychotherapeutic Experiences 1 | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychopathology | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 4 (Award) – BA (Hons) in Counselling & Psychotherapy

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | |
|--|--|---|--|--|------------------------------|-------------------------------------|----------------|--------------------------------|---------------------|---|--|--------|----------------------|-------------------------------------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | |
| Award Title | | Bachelor of Arts (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | | |
| Award Class ⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level ² | Stage EQF Level ² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | |
| Major | 8 | 6 | Award Stage | 8 | 6 | 60 ECTS | September 2021 | 0923 | | | | | | |
| Module Title (Up to 70 characters including spaces) | Semester no where applicable. (Semester 1 or Semester2) | Module | Status ⁴⁸ | NFQ Level ¹ where specified | Credit Number ⁵ | Total Student Effort Module (hours) | | | | Allocation of Marks (from the module assessment strategy) | | | | |
| | | | | | | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁴⁹ | C.A. % | Supervised Project % | Proctored practical demonstration % |
| Understanding Trauma Informed Care | 1 | M | | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | | | 100% |

⁴⁸ Mandatory (m) or elective (E)

⁴⁹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|-----|---|---|------------|-----|----|---|-----|-----|------|------|-----|--|
| Contemporary Discourses in Counselling and Psychotherapy. | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Bereavement, Loss and Grief | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 70% | 30% | | |
| Applied Practice | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | 30% | 70% | |
| Final Year Project | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | 100 | | 100% | | |
| Personal Psychotherapeutic Experience 2 | 1&2 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Emotion Focused therapy | 2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | 100% | | |
| | | | | | | | | | | | | | |
| Elective - Principles & Practice of Group Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Brief Therapy for Emotional Health and Wellness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Psychoses & Personality Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Inner Child Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Play Therapy and Psychotherapeutic Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Motivational Interviewing | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Community Reinforcement Approaches in Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Personality Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Occupational Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Theories and Practice of Mindfulness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Eating Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Independent Study | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Developing and Managing a professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Recovery Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Families aspects of Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Theory & Practice of the Minnesota Model Approach to Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Adolescent Mental Health Screening | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Engaging with Parents in Professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |

| | | | | | | | | | | | | | |
|--|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Elective – Principles and Practice of Technologically Facilitated Therapeutic Engagement | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Prevention and Health Promotion Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 1 – BA (Hons) in Counselling & Psychotherapy (with Addiction Studies)

| | | | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|--|-----------------------------|--|---------------------------------|
| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | |
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Addiction Studies). | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Stage 1 | | | | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable (Semester 1 or Semester 2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | | Status⁵⁰ | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁵¹ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Study Skills for Higher Education | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Theoretical Perspectives in Counselling & Psychotherapy | | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | | 50% |
| Essential Counselling & Psychotherapeutic Skills | | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | 50% | |
| Group Facilitation | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Human Development across the Lifespan | | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Ethics & Professional Issue | | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | | | 100% |
| Understanding Mental Health | | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |

⁵⁰ Mandatory (m) or elective (E)

⁵¹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Introduction to Personal Development | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 2 – BA (Hons) in Counselling & Psychotherapy (with Addiction Studies)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | | |
|--|-----------------|---|--|------------------------------|------------------------------|-------------------------------------|----------------|--------------------|----------|---------------|---|-----------|------------|---------|-----------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Addiction Studies). | | | | | | | | | | | | | |
| Stage Exit Award Title³ | | Higher Certificate in Counselling & Psychotherapy Studies | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | | | |
| Award Class ⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level ² | Stage EQF Level ² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | | |
| Major | 8 | 6 | Stage 2 | 6 | 5 | 60 ECTS | September 2021 | 0923 | | | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | | |
| | | | Status ⁵² | NFQ Level ¹ | Credit Units | Total Hour | Class | Direct | Indirect | Hours of Work | % C.A. | Practical | Supervised | Written | Practical |

⁵² Mandatory (m) or elective (E)

⁵³ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | where specified | | | | | | | | | | |
|---|---|---|-----------------|------------|-----|----|---|-----|--|------|------|--|------|
| Core Competencies in Counselling & Psychotherapy | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Cultural Issues in Professional Practice | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | 100% | | |
| Case Formulations | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Psychosocial Assessment | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | | | 100% |
| Theoretical Aspects of Addiction | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Group Process | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Substance related Addictions | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Personal Development & Self Caring Practices | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 3 – BA (Hons) in Counselling & Psychotherapy (with Addiction Studies)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
|---|------------------------|--|---|------------------------------------|--|----------------------------|--|---------------------------|--|--|--|--|--|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Addiction Studies). | | | | | | | | | | | |
| Stage Exit Award Title³ | | B.A. in Counselling & Psychotherapy | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Stage 3 | 7 | 6 | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. | Module | Credit Number⁵ | Total Student Effort Module (hours) | | Allocation Of Marks (from the module assessment strategy) | | | | | | |

| | (Semester 1 or Semester2) | Status ⁵⁴ | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁵⁵ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
|---|---------------------------|----------------------|--|--------------|-------------|--------------------------------|---------------------|-------------------------------|--|--------|----------------------|-------------------------------------|--------------------------|
| Research Approaches in Counselling & Psychotherapy | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychosocial Intervention Modalities In Addiction | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |
| Mood, Stress & Emotional Disorders | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Family Systems Theory & Psychotherapeutic Interventions | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |
| Theory/Practice Integration | 1 & 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | 100 | 100% | | | |
| Non-substance Related Addictions | 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |
| Personal Psychotherapeutic Experiences 1 | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychopathology | 2 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 4 (Award) – BA (Hons) in Counselling & Psychotherapy (with Addiction Studies)

| | |
|--------------------------|---|
| Name of Provider: | Irish College of Humanities & Applied Sciences |
| Programme Title | BA (Hons) in Counselling & Psychotherapy |

⁵⁴ Mandatory (m) or elective (E)

⁵⁵ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|------------------------|---|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|---------------|-----------------------------|--|
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Addiction Studies). | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Award Stage | 8 | 6 | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | Allocation of Marks (from the module assessment strategy) | | | |
| | | | Status⁵⁶ | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁵⁷ | C.A. % | Supervised Project % | Proctored practical demonstration % |
| Contemporary Discourse in Counselling and Psychotherapy. | | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Bio-physiological Aspects of Addiction | | 1 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | 60% | | 40% |
| Bereavement, Loss and Grief | | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 70% | 30% | |
| Applied Practice | | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | 30% | 70% |
| Final Year Project | | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | 100 | | 100% | |
| Personal Psychotherapeutic Experience 2 | | 1&2 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Trauma informed Care in Addiction Practice | | 2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | |

⁵⁶ Mandatory (m) or elective (E)

⁵⁷ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|--|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Elective - Principles & Practice of Group Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Brief Therapy for Emotional Health and Wellness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Psychoses & Personality Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Inner Child Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Play Therapy and Psychotherapeutic Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Motivational Interviewing | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Community Reinforcement Approaches in Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Personality Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Occupational Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Theories and Practice of Mindfulness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Eating Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Independent Study | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Developing and Managing a professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Recovery Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Families aspects of Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Theory & Practice of the Minnesota Model Approach to Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Adolescent Mental Health Screening | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Engaging with Parents in Professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles and Practice of Technologically Facilitated Therapeutic Engagement | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Prevention and Health Promotion Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 1 – BA (Hons) in Counselling & Psychotherapy (with Youth Studies)

| | | | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|--|-----------------------------|--|---------------------------------|
| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | |
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Youth Studies). | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | |
| Major | 8 | 6 | Stage 1 | | | 60 ECTS | September 2021 | 0923 | | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable (Semester 1 or Semester 2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | | Status⁵⁸ | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁵⁹ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Study Skills for Higher Education | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Theoretical Perspectives in Counselling & Psychotherapy | | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | | 50% |
| Essential Counselling & Psychotherapeutic Skills | | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | 50% | |
| Group Facilitation | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Human Development across the Lifespan | | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Ethics & Professional Issue | | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | | | 100% |
| Understanding Mental Health | | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |

⁵⁸ Mandatory (m) or elective (E)

⁵⁹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | |
|---|---|---|---|-----------|-----|----|---|----|--|------|--|--|
| Introduction to Personal Development | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | |
| | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 2 – BA (Hons) in Counselling & Psychotherapy (with Youth Studies)

| | | | | | | | | | | | | | |
|---|------------------------|---|---|------------------------------------|------------------------------------|--|-----------------------|---------------------------|-----------------|--|---------------|------------------|-------------------|
| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Youth Studies). | | | | | | | | | | | |
| Stage Exit Award Title³ | | Higher Certificate in Counselling & Psychotherapy Studies | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Stage 2 | 6 | 5 | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | | Status⁶⁰ | NFQ Level¹ | Credit Units | Total Hour | Class | Direct | Indirect | Hours of Work | % C.A. | Practical | Supervised |

⁶⁰ Mandatory (m) or elective (E)

⁶¹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | where specified | | | | | | | | | | |
|---|---|---|-----------------|------------|-----|----|---|-----|--|------|------|-----|------|
| Core Competencies in Counselling & Psychotherapy | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Cultural Issues in Professional Practice | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | 100% | | |
| Case Formulation | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Psychosocial Assessment | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | | | | 100% |
| Group Process | 1 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Youth and Society | 2 | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 40% | | 60% | |
| Integrative Approaches in Adolescence | 2 | M | 6 | 10 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Personal Development & Self Caring Practices | 2 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 3 – BA (Hons) in Counselling & Psychotherapy (With Youth Studies)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
|---|--|--|--|------------------------------|-------------------------------------|--------------------------------|---------------------|-------------------------------|--|---|----------------------|-------------------------------------|--------------------------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Youth Studies). | | | | | | | | | | | |
| Stage Exit Award Title³ | | B.A. in Counselling & Psychotherapy | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | |
| Award Class ⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level ² | Stage EQF Level ² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Major | 8 | 6 | Stage 3 | 7 | 6 | 60 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | Status ⁶² | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁶³ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Research Approaches in Counselling & Psychotherapy | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Creative Therapeutic Approaches | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 40% | 60% | | |
| Family Systems Theory & Psychotherapeutic Interventions | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |

⁶² Mandatory (m) or elective (E)

⁶³ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|-------|---|---|------------|-----|----|---|-----|-----|------|--|--|-----|
| Mood Stress & emotional Disorders | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Theory/Practice Integration | 1 & 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | 100 | 100% | | | |
| Crime, deviance and Youth Justice | 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 40% | | | 60% |
| Personal Psychotherapeutic Experiences 1 | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychopathology | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |

Approved Programme Schedule Template for Stage 4 (Award) – BA (Hons) in Counselling & Psychotherapy (with Youth Studies)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|-------------------------|----------------------------|--------------------------------------|--|--|-----------------------------|--|---------------------------------|--|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | | |
| Award Title | | BA (Hons) in Counselling & Psychotherapy (with Youth Studies). | | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | | |
| Major | 8 | 6 | Award Stage | 8 | 6 | 60 ECTS | September 2021 | 0923 | | | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | | Allocation of Marks (from the module assessment strategy) | | | | |
| | | | Status⁶⁴ | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) | Directed e-Learning | Hours of Independent Learning | Work-based learning effort⁶⁵ | C.A. % | Supervised Project % | Proctored practical demonstration | Proctored written exam % | |

⁶⁴ Mandatory (m) or elective (E)

⁶⁵ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|--|-----|---|---|------------|-----|----|---|-----|-----|------|------|-----|------|
| | | | | | | | | | | | | | |
| Contemporary Discourses in Counselling and Psychotherapy. | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Trauma Informed Care for Youth at Risk | 1 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | | | 100% |
| Bereavement Loss and Grief | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 70% | 30% | | |
| Applied Practice | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | 30% | 70% | |
| Final Year Project | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | 100 | | 100% | | |
| Personal Psychotherapeutic Experience 2 | 1&2 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Leadership, Management and Empowerment in a youth Context | 2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | 30% | | | 70% |
| | | | | | | | | | | | | | |
| Elective - Principles & Practice of Group Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Brief Therapy for Emotional Health and Wellness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Psychoses & Personality Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Inner Child Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Play Therapy and Psychotherapeutic Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Motivational Interviewing | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Community Reinforcement Approaches in Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Personality Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Occupational Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Theories and Practice of Mindfulness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Eating Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Independent Study | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Developing and Managing a professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Recovery Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |

| | | | | | | | | | | | | | |
|--|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Elective – Families aspects of Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Theory & Practice of the Minnesota Model Approach to Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Adolescent Mental Health Screening | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Engaging with Parents in Professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles and Practice of Technologically Facilitated Therapeutic Engagement | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Prevention and Health Promotion Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| | | | | | | | | | | | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Please note: Stage 1 and Stage 2 of the BA(hons) in Psychosocial Studies is the same as Stage 1 and Stage 2 of the BA(hons) in Counselling and Psychotherapy

Approved Programme Schedule Template for Stage 3 – BA (Hons)in Psychosocial Studies (Exit Award)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | |
|---|------------------------|--|---|------------------------------------|------------------------------------|----------------------------|-----------------------|---------------------------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | |
| Award Title | | Bachelor of Arts (Hons) in Psychosocial Studies (Exit Award) | | | | | | |
| Stage Exit Award Title³ | | BA in Psychosocial Studies (Exit Award) | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code |
| Major | 8 | 6 | Stage 3 | 7 | 5 | 60 ECTS | September 2021 | 0923 |

| Module Title (Up to 70 characters including spaces) | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
|--|--|----------------------|--|----------------------------|-------------------------------------|--------------------------------|---------------------|-------------------------------|--|---|----------------------|-------------------------------------|--------------------------|
| | | Status ⁸⁰ | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁸¹ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| | | | | | | | | | | | | | |
| Research Approaches in Counselling & Psychotherapy | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Integrative Approaches in Interpersonal Practice | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Mood, stress and Emotional Disorders | 1 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Family Systems Theory & Psychotherapeutic Interventions | 1 | M | 7 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |
| Evidence Based Psychosocial Interventions in Mental Health Care | 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 214 | | 100% | | | |
| Cognitive Behavioural Approaches in Interpersonal Practice | 2 | M | 7 | 10 Credits | 250 | 24 | 6 | 214 | | 30% | | | 70% |
| Conceptual basis for Psychosocial Interventions in Mental Health Care | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Psychopathology | 2 | M | 7 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| As per the Special Considerations for Award Standards leading to Counselling & Psychotherapy Awards, learners would be eligible for the Exit Award of BA in Psychosocial Studies where they have the ability to qualify for an academic qualification reflecting their learning at this level, but discover or it is found that they are not suited to counselling or psychotherapy practice, having commenced their studies. Any applicant for Professional Accreditation would be required to have completed a minimum of 100 hours of Direct client work and 50 hours of Personal Psychotherapeutic Experience. Therefore, for students to be eligible for the Award of BA in Psychosocial Studies, they would be required, as a special regulation to undertake 15 Credits of Study in Psychosocial Studies at Stage 3 of their Programme as an alternative pathway. | | | | | | | | | | | | | |

⁸⁰ Mandatory (m) or elective (E)

⁸¹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

Approved Programme Schedule Template for Stage 4 (Award) – BA (Hons) in Psychosocial studies (Exit Award)

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|--|-----------------------------|--|---------------------------------|
| Programme Title | | BA (Hons) in Counselling & Psychotherapy | | | | | | | | | | | | |
| Award Title | | Bachelor of Arts (Hons) in Psychosocial studies (Exit Award) | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning, Work Based Learning & Blended Learning | | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | |
| Major | 8 | 6 | Award Stage | 8 | 6 | 60 ECTS | September 2021 | 0923 | | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | | Allocation of Marks (from the module assessment strategy) | | | |
| | | | Status⁸² | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁸³ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Understanding Trauma Informed Care | | 1 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | | | 100% |
| Contemporary Discourses in Counselling and Psychotherapy. | | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Bereavement, Loss and Grief | | 1 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 70% | 30% | | |

⁸² Mandatory (m) or elective (E)

⁸³ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

| | | | | | | | | | | | | | |
|---|-----|---|---|------------|-----|----|---|-----|--|------|------|--|--|
| Competencies for the implementation of Psychosocial Interventions in Recovery - Orientated Mental Health Care | 2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | 100% | | | |
| Final Year Project | 1&2 | M | 8 | 10 Credits | 250 | 24 | 6 | 214 | | | 100% | | |
| Recovery-Orientated Mental Health Care | 2 | M | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Emotion Focused therapy | 2 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | 100% | | |
| Elective - Principles & Practice of Group Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Brief Therapy for Emotional Health and Wellness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Psychoses & Personality Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Inner Child Therapy | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Play Therapy and Psychotherapeutic Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Motivational Interviewing | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Understanding Community Reinforcement Approaches in Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Personality Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles of Occupational Assessment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Theories and Practice of Mindfulness | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Eating Disorders | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Independent Study | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Developing and Managing a professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Recovery Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Families aspects of Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Theory & Practice of the Minnesota Model Approach to Addiction Treatment | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Adolescent Mental Health Screening | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective - Engaging with Parents in Professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Elective – Principles and Practice of Technologically Facilitated Therapeutic Engagement | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |

| | | | | | | | | | | | | | |
|--|---|---|---|-----------|-----|----|---|----|--|------|--|--|--|
| Elective – Prevention and Health Promotion Approaches in Addiction | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| As per the Special Considerations for Award Standards leading to Counselling & Psychotherapy Awards, learners would be eligible for the Award of BA (Hons) in Psychosocial Studies where they have the ability to qualify for an academic qualification reflecting their learning at this level, but discover or it is found that they are not suited to counselling or psychotherapy practice, having commenced their studies. Any applicant for Professional Accreditation would be required to have completed a minimum of 100 hours of Direct client work and 50 hours of Personal Psychotherapeutic Experience. Therefore, for students to be eligible for the Award of BA (Hons) in Psychosocial Studies, they would be required, as a special regulation to undertake 30 Credits of Study in Psychosocial Studies at Stages 3 & 4 of their programme as an alternative pathway. | | | | | | | | | | | | | |

Approved Programme Schedule Template for Certificate in Foundational Skills & Competence in Counselling & Psychotherapy

| | | | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|---------------|-----------------------------|--|---------------------------------|
| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | | |
| Programme Title | | Certificate in Foundational Skills & Competence in Counselling & Psychotherapy | | | | | | | | | | | | |
| Award Title | | Certificate in Foundational Skills & Competence in Counselling & Psychotherapy | | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | | |
| Major | 6 | 5 | Award | 6 | 5 | 20 ECTS | September 2021 | 0923 | | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | Allocation Of Marks (from the module assessment strategy) | | | | |
| | | | Status⁹⁰ | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁹¹ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Theoretical Perspectives in Counselling & Psychotherapy | | | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | | 50% |
| Essential Counselling & Psychotherapeutic Skills | | | M | 6 | 10 Credits | 250 | 24 | 6 | 214 | | 50% | | 50% | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | | |

⁹⁰ Mandatory (m) or elective (E)

⁹¹ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

Approved Programme Schedule Template for Certificate in Cultural Competence for Professional Development

| | | | | | | | | | | | | | |
|---|------------------------|--|---|--|------------------------------------|--|---------------------------------------|----------------------------|--------------------------------------|--|---------------|-----------------------------|--|
| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
| Programme Title | | Certificate in Cultural Competence for Professional Development | | | | | | | | | | | |
| Award Title | | Certificate in Cultural Competence for Professional Development | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | |
| Award Class⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level² | Stage EQF Level² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Minor | 6 | 5 | Award | 6 | 5 | 10 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number⁵ | Total Student Effort Module (hours) | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | | Status⁹² | NFQ Level¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort⁹³ | C.A. % | Supervised Project % | Proctored practical demonstration % |
| Cultural Issues in Professional Practice | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Personal Development & Self Caring Practices | | 1 | M | 6 | 5 Credits | 125 | 18 | 6 | 95 | | 100% | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

⁹² Mandatory (m) or elective (E)

⁹³ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.

Approved Programme Schedule Template for Certificate in Supporting Positive Parenting

| Name of Provider: | | Irish College of Humanities & Applied Sciences | | | | | | | | | | | |
|--|--|--|--|------------------------------|-------------------------------------|--------------------------------|---------------------|-------------------------------|--|---|----------------------|-------------------------------------|--------------------------|
| Programme Title | | Certificate in Supporting Positive Parenting | | | | | | | | | | | |
| Award Title | | Certificate in Supporting Positive Parenting | | | | | | | | | | | |
| Stage Exit Award Title³ | | | | | | | | | | | | | |
| Modes of Delivery (FT/PT): | | Full Time & Part Time | | | | | | | | | | | |
| Teaching and learning modalities | | Classroom Teaching, Simulated Experiential Learning & Blended Learning | | | | | | | | | | | |
| Award Class ⁴ | Award NFQ level | Award EQF Level | Stage (1, 2, 3, 4, ..., or Award Stage): | Stage NFQ Level ² | Stage EQF Level ² | Stage Credit (ECTS) | Date Effective | ISCED Subject code | | | | | |
| Minor | 8 | 6 | Award | 8 | 6 | 15 ECTS | September 2021 | 0923 | | | | | |
| Module Title (Up to 70 characters including spaces) | Semester no where applicable. (Semester 1 or Semester2) | Module | | Credit Number ⁵ | Total Student Effort Module (hours) | | | | | Allocation Of Marks (from the module assessment strategy) | | | |
| | | Status ⁹⁴ | NFQ Level ¹ where specified | Credit Units | Total Hours | Class (or equiv) Contact Hours | Directed e-learning | Hours of Independent Learning | Work-based learning effort ⁹⁵ | C.A. % | Supervised Project % | Proctored practical demonstration % | Proctored written exam % |
| Understanding Trauma Informed Care | 1 | M | 8 | 10 Credits | 250 | 24 | 6 | 114 | | | | | 100% |
| Engaging with Parents in Professional Practice | 2 | E | 8 | 5 Credits | 125 | 18 | 6 | 95 | 100% | | | | |
| Special Regulations (Up to 280 characters) | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

⁹⁴ Mandatory (m) or elective (E)

⁹⁵ Work-based learning effort is not the number of hours in the workplace. For example, a person might spend 35 hours in the workplace as a trainee and this might involve 7 hours of learning effort.