

## Component Specification

### Gaelic Football Coaching

NFQ Level 6

6N5347

#### 1. Component Details

|                           |  |
|---------------------------|--|
| <b>Title</b>              | Gaelic Football Coaching   |
| <b>Teideal as Gaeilge</b> | Cóitseáil sa Pheil Ghaelach  |
| <b>Award Class</b>        | Minor  |
| <b>Code</b>               | 6N5347   |
| <b>Level</b>              | 6  |
| <b>Credit Value</b>       | 15   |
| <b>Purpose</b>            | The purpose of this award is to equip the learner with the knowledge, skill and competence in the technical, tactical, team play, physical, psychological, participation feedback and lifestyle aspects of the game of Gaelic Football, to enable the learner to coach Gaelic Football to children, youths and adults applying appropriate coaching techniques with each population of players.  |
| <b>Learning Outcomes</b>  | <p>Learners will be able to:</p> <ol style="list-style-type: none"><li>1 Explain the basic rules of full and adapted versions of Gaelic Football</li><li>2 Outline the range of current National Governing Body, Gaelic Athletic Association (GAA), programmes available for skill development, adapted versions of games and competitive levels in Gaelic Football</li><li>3 Explain the key skills of Gaelic Football</li><li>4 Analyse why people play sport and the issues and challenges of working with different age groups</li></ol> |

- 5 Appraise the GAA philosophy of coaching Gaelic Football to children, youths and adults
- 6 Demonstrate comprehensive knowledge of the GAA skills development model and the different types of developmental games appropriate to children, youths or adults
- 7 Explore the concept of physical literacy, the importance of movement in Gaelic Games and the different movements within Gaelic Games
- 8 Outline the structure of a typical coaching session
- 9 Explain the safe use of personal and coaching equipment used in Gaelic Football
- 10 Examine best practice in protecting the welfare of underage players, to include, identifying different categories of abuse, indicators associated with abuse and appropriate response procedure to disclosure of abuse
- 11 Evaluate the role, skills and qualities of the coach and how this may differ when working with different playing groups
- 12 Demonstrate a comprehensive range of skills and team play in Gaelic Football
- 13 Manage players for an effective practice session
- 14 Demonstrate a comprehensive range of communication and coaching skills to include the skills of; building rapport, explaining, demonstrating, observation, analysis, and providing feedback to players of different age groups
- 15 Organise a programme of Games and Skill Development activities appropriate to the participants needs and abilities
- 16 Deliver progressive activities to develop physical literacy skills and key skills appropriate to Gaelic Football
- 17 Adapt the programme of coaching sessions to suit different playing abilities
- 18 Coach progressive activities to develop decision making
- 19 Organise game activities to develop Team Play

- 20 Conduct self reflection on the impact of a training programme on players, the effectiveness of a training session and the coaching inputs.

## Assessment

### General Information

Details of FET assessment requirements are set out in [Assessment Guidelines for Providers](#).

All FET assessment is criterion referenced. Successful achievement of the award is based on learners attaining the required standards of knowledge, skill or competence.

The techniques set out below are considered the optimum approach to assessment for this component. In exceptional circumstances providers may identify alternative assessment techniques through the provider's application for programme validation which are **reliable** and **valid** but which are more appropriate to their context.

Assessment of a number of components may be integrated across programmes for delivery, provided that the learning outcomes of each minor award are assessed.

Group or team work may form part of the assessment, provided each learner's achievement is separately assessed.

All providers are required to submit an assessment plan as part of their application for programme validation. Assessment Plans will include information relating to scheduling and integration of assessment. See current FET validation guidelines at [www.qqi.ie](http://www.qqi.ie).

### Assessment Techniques

In order to demonstrate that they have reached the standards of knowledge, skill and competence identified in all the learning outcomes, learners are required to complete the assessment(s) below.

The assessor is responsible for devising assessment instruments (e.g. project and assignment briefs, examination papers), assessment criteria and mark sheets, consistent with the techniques identified below and FETAC's assessment requirements.

Programme validation will require providers to map each learning outcome to its associated assessment technique. See current FET validation guidelines at [www.qqi.ie](http://www.qqi.ie).

All learning outcomes **must** be assessed and achieved

Examination - Practical 70%

Portfolio / Collection of Work 30%

## Description

### Examination - Practical

*An examination provides a means of assessing a learner's ability to recall and apply knowledge, skills and understanding within a set period of time and under clearly specified conditions.*

*A practical examination assesses specified practical skills demonstrated in a set period of time under restricted conditions.*

### Portfolio / Collection of Work

*A portfolio or collection of work is a collection and/or selection of pieces of work produced by the learner over a period of time that demonstrates achievement of a range of learning outcomes. The collection may be self-generated or may be generated in response to a particular brief or tasks/activities devised by the assessor.*

## Recognition of Prior Learning (RPL)

Learners may be assessed on the basis of their prior knowledge and experience. Providers must be specifically quality assured to assess learners by this means. To do so they must complete B10, see Provider's Quality Assurance Guidelines and be included on the Register of RPL approved providers. See RPL Guidelines at [www.fetac.ie](http://www.fetac.ie) for further information and registration details.

## Grading

|             |            |
|-------------|------------|
| Pass        | 50% - 64%  |
| Merit       | 65% - 79%  |
| Distinction | 80% - 100% |

## Specific Validation Requirements

The provider must confirm they have approval of the National Governing Body, the Gaelic Athletic Association (GAA) to offer programmes leading to this award.

## Supporting Documentation

1. Supporting documentation is available from the National Governing Body; the GAA - [www.gaa.ie](http://www.gaa.ie)

## Access

To access programmes leading to this award the learner should have reached the standards of knowledge, skill and competence associated with the preceding level of the National Framework of Qualifications. This may have been achieved through a formal qualification or through relevant life and work experience.

## Transfer

Successful completion of this component award enables the learner to transfer to programmes leading to other certificates where this component is a mandatory or an elective requirement.

## 2. FET Award Standards

QQI award standards are determined within the National Framework of Qualifications (NFQ), <http://www.nfq-qqi.com>. QQI determines standards for the education and training awards that it makes itself and that are made by providers to whom it has delegated authority to make an award. Providers offering programmes leading to QQI awards **must** have their programme(s) validated in accordance with current validation policy (see [www.qqi.ie](http://www.qqi.ie)).

Award standards are designed to be consistent with the NFQ's award classes i.e. major, special purpose, supplemental and minor awards. They are expressed in terms of **learning outcomes** i.e. concise statements of what the learner is expected to know or be able to do in order to achieve a particular award. Learning outcomes for FET awards are contained within the associated specifications:

| AWARD CLASS        | STANDARDS                      | AWARDS  |
|--------------------|--------------------------------|---|
| Major Award        | Certificate Specification      | Certificate (Levels 1 to 5)<br>Advanced Certificate (Level 6) |
| Supplemental Award | Supplemental Specification     | Supplemental Certificate<br>(Level 3 to 6)                    |
| Special Purpose    | Specific Purpose Specification | Specific Purpose Certificate<br>(Levels 3 to 6)               |
| Minor Award        | Component Specification        | Component Certificate<br>(Levels 1 to 6)                      |

Award standards are thresholds, they describe standards of knowledge, skill or competence to be acquired, and where appropriate, demonstrated, by a learner before an award may be made.

Award standards will be reviewed from time to time as necessary. Minor changes may be made by the QQI executive outside the review cycle where necessary. Changes to standards are published on QQI's website. Providers with validated programmes and providers with delegated authority to make awards are responsible for monitoring relevant standards and making necessary responses to changes.

## 3. FET Credit

Every FET certificate and component specification includes an FET credit value (Table 1). FET credit is quantified in multiples of 5 FET credits (up to 50 hours of learner effort). Learner effort is based on the time taken by typical learners at the level of the award to achieve the learning outcomes for the award. It includes all learning time involved including: guided learning hours, self-directed learning and assessment.

**Table 1: FET Credit Values**

| NFQ Level | Major Awards Credit Values | Default Credit Values Minor Awards | Other Permitted Minor Award Credit Values | Special Purpose and Supplemental Award Credit Value Ranges |
|-----------|----------------------------|------------------------------------|---|--|
| 1         | 20                         | 5                                  | 10  |  |
| 2         | 30                         | 5                                  | 10  |  |
| 3         | 60                         | 10                                 | 5,20                                      | >5 and<60  |
| 4         | 90                         | 10                                 | 5,15,20                                   | >5 and<90  |
| 5         | 120                        | 15                                 | 5,10,30                                   | >5 and <120  |
| 6         | 120                        | 15                                 | 5,10,30                                   | >5 and <120  |

### Guide to Level

Learning outcomes at this level include a comprehensive range of skills which may be vocationally-specific and/or of a general supervisory nature, and require detailed theoretical understanding. The outcomes also provide for a particular focus on learning skills. The outcomes relate to working in a generally autonomous way to assume design and/or management and/or administrative responsibilities. Occupations at this level would include higher craft, junior technician and supervisor.

| Strand           | Sub-strand        | Nature of learning   |
|------------------|-------------------|--|
| Knowledge        | Breadth           | Specialised knowledge of a broad area  |
|                  | Kind              | Some theoretical concepts and abstract thinking, with significant underpinning theory  |
| Know How & Skill | Range             | Demonstrate a comprehensive range of specialised skills and tools  |
|                  | Selectivity       | Formulate responses to well defined abstract problems  |
| Competence       | Context           | Act in a range of varied and specific contexts involving creative and non-routine activities; transfer and apply theoretical concepts and/or technical or creative skills to a range of contexts         |
|                  | Role              | Exercise substantial personal autonomy and often take responsibility for the work of others and/or for the allocation of resources; form and function within, multiple and complex heterogeneous groups. |
|                  | Learning to Learn | Learn to evaluate own learning and identify needs within a structured learning environment; assist others in identifying learning needs  |
|                  | Insight           | Express an internalised, personal world view, reflecting engagement with others.   |

*Extract from 'Determinations for the Outline National Framework of Qualifications': NQAI*